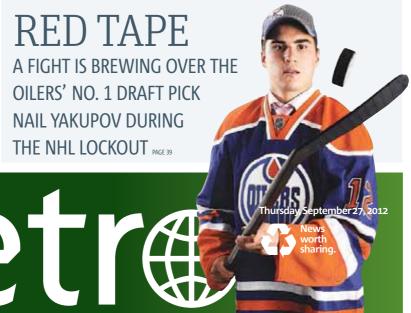
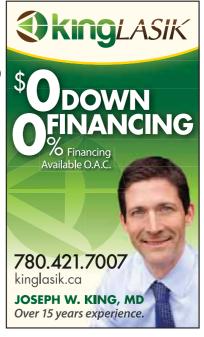




EDMONTON





E. coli cases linked o Costco meat

Investigation.

Tenderizing machine may have tainted Kirkland-brand steaks. AHS determines

RYAN TUMILTY

Four E. coli cases in the area have been traced to steaks sold at Costco stores in Edmonton, Alberta Health Services says.

The cases also appear to be linked to a nationwide beef recall from processor XL Foods. While Costco does purchase beef from XL Foods, neither the Canadian Food Inspection Agency nor AHS could confirm whether the beef came from the plant.

Dr. Gerry Predy, chief medical officer of health at AHS, said he and his staff were also looking at tenderizing equipment used in Costco stores as a possible culprit.

They have a piece of equipment that has sharp needlelike objects that ten-

derize steaks," he said. there was any contamination on the surface, it could take that contamination and get it into the middle of the steak.

metronews.ca | twitter.com/metroedmonton | facebook.com/metroedmonton

Predy said AHS has asked Costco to stop using the equipment in all of its stores and they did so immediately. The steaks are strip loin cuts sold under the Kirkland signature label at the company's 50th Street location. The recall affects products with a packaged-on date of Sept. 4 through Sept. 7.

Over the past week, beef processed by XL Foods has been recalled from a number of grocery stores across the

Guy Gravelle, a spokes-person with the food-inspection agency, said they do not know if the Costco products were contaminated in the store or at the plant.

"We are trying to trace back the source of the contamination and in regards to the Kirkland meat. It could have happened at the Costco store and it could have happened at XL.'

The complete list of recalled products is posted at inspection.gc.ca.



es Talbot, Alberta's chief medical officer, left, and Dr. Gerry Predy, chief medical officer of health at Alberta

Saying no to homophobes

A new website launched by the U of A takes aim at homophobia on social media

Not-so-secret admirer

An Edmonton woman's love letters to strangers go beyond Hallmark PAGE 8

Back to work for NFL refs?

Reports say a tentative agreement has been reached between the National Football League and the referees' union PAGE 40

Boy wonder

Rory McIlroy is heading into this weekend's Ryder Cup as the No. 1 golfer



What does your freedom look like? Turn to page 9.



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NEWS

Whyte Avenue attack

Three charged with assault on gay man

Three men have been arrested for an assault on a gay man on Whyte Avenue

last spring.
In a Wednesday release, Edmonton police said three people approached an Edmonton man on May 2 while hurling anti-gay slurs at him. The man was then attacked when a friend attempted to reason with the alleged assailants, police said.

"We want to stress that we don't see a lot of these types of crimes in our city, but those who fail to respect the rights of others will face the legal consequences," Const. Ken Smith, of EPS's Hate Crimes Unit, said in the release

Riley James Moore, 25, Alex Ray Coffin, 22, and Cameron Comeau, 20, have each been charged with assault causing bodily harm and criminal harassment.

METRO

Speeding charge

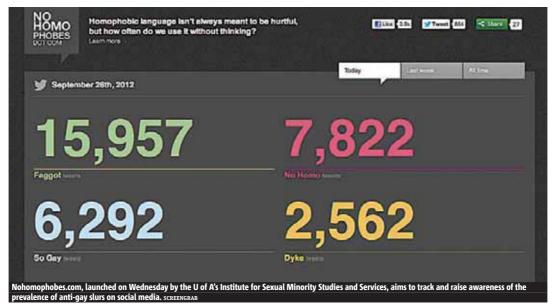
Driver clocked at 127 km/h on High Level Bridge

A man faces a speeding charge after he was caught driving a truck on the High Level Bridge at 127 kilometres per hour early on Wednesday.

EPS said an on-duty officer in an unmarked police car saw a 2005 Nissan Titan pickup truck speed past him at the north end of the bridge at about 1 a.m.

The officer measured the truck's speed when he caught up at the south end of the bridge, a release said

No other vehicles were on the bridge at the time.



U of A campaign, website seek to end casual homop

Twittersphere. Creator says website designed as 'social mirror' for users of social media



Homophobic language is used on social media websites and at work, school or in the locker room tens of thousands of times each day.

A new website, nohomophobes.com, launched Wednesday by the University of Alberta's Institute for Sexual Minority Studies and Services (ISMSS) aims to track occur-rences of "dyke," "no homo,"

"so gay" and the like on Twitter as a reminder that homophobic language, whether used direct-

ly or passively, persists.

"What we want to do is draw attention and awareness to what seems to be a pretty prevalent use of casual homophobia, where people think it's throwaway language without any consequences," said Dr. Kristopher Wells, director of the institute, adding he wants to see it addressed in the same way as racist or sexist comments.

Tests conducted from July 5 - when the ISMSS started building the website — to when it went live revealed the word "faggot" had been tweeted 2.4 million times.

"That's pretty hard evidence for people to face when they

think that this kind of language isn't happening or isn't a prob-lem in our society," Wells said.

Brittany Olinek, a member of Edmonton's gay community, said she has mixed feelings about the initiative.

"Reading through the derogatory slangs for homosexuals, (it) surprised me how uneducated people are with the use of language," she said.

And while she noted the

website brings that to light, she wants to see something more positive. "Show me a website with all the great things that people say around the world of Twitter and maybe more people will catch on."

Follow Heather McIntyre or Twitter @Metro_Mac

- When homophobia is seen or experienced on Twitter, users are encouraged to use the #nohomophobes hashtag to challenge those using it.
- Posters containing QR codes will be placed around Edmonton. There will also be transit advertising and a TV commercial.
- Any donations to the website go toward programming, advocacy and research at the





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Thursday, September 27, 2012

RCMP defend arrest tactics by officer at rowdy Cold Lake party

Caught on tape.

Alleged kick to the face of hearing-impaired man recorded on party-goer's phone

RCMP say there is more than one side to the story of a recent arrest in which an officer kicked a handcuffed man lying on the ground in the face.

A video of the arrest, shot on a cellphone by someone at a rowdy party near Cold Lake, Alta., last weekend, clearly recorded the kick and the roaring protests of the crowd.

RCMP say the video, which is one minute long, doesn't show that the giant of a man was drunk and had been taunting officers and flexing his muscles for a fight.

Supt. Randy McGinnis said Wednesday that officers went to Riverhurst Community Hall three times on Friday night and early Saturday morning. Some parents had organized a birthday dance for some young people and

'Extreme' arrest

- Adding to the shock is that the man kicked in the face, Richard Claybert, is hearing impaired.
- Claybert told CTV News that the arrest was "extreme" and his ribs and legs were injured, although he didn't go to hospital. Claybert didn't return calls for further comment.
- RCMP have yet to officially lay charges but expect Claybert will be charged with causing a disturbance and resisting arrest. He is to appear in Cold Lake provincial court Oct. 24.

no alcohol was being served. But word of the party spread through social media and many were drinking in the parking lot and some had hauled in campers so they

could stay overnight.

At one point, McGinnis said, Claybert ran at an officer, stopped, laughed and



In this image from a low-grade video shot at the scene, you can see the RCMP officer's leg (the yellow horizontal stripe) extend towards the face (the red circle) of the handcuffed man. To see the video, visit metronews.ca. SCREEN GRAB

walked away.

Officers "decided they had to something with this individual before the situation got out of hand." Claybert repeatedly refused to leave the party, said McGinnis. Officers

struck him in the leg with a baton but he didn't flinch.

After officers sprayed him with pepper spray, Claybert voluntarily laid down on his stomach.

McGinnis said police

were trying to link two sets of cuffs together when the man started to roll over and struggle. The only thing he had left to subdue the man with was his foot

McGinnis called it a "stun

technique." One kick landed in Claybert's face. A second kick missed, said McGinnis. Claybert was taken into custody and released a few hours later. He hasn't filed a complaint. THE CANADIAN PRESS

Police and transit school students on crime



EPS officers will be offering students and other transit riders safety tips things like keeping iPods and other electronics out of sight, being aware of proper fares and knowing how to report problems. LICY HAINES/FOR METRO The Edmonton Police Community Action Team (CAT) has joined forces with Edmonton Transit for an awareness and crime prevention blitz, targeting the city's east central area with some back-toschool common sense advice for students and other riders. Police and Peace Officers are riding the LRT and standing at bus stops through Friday, answering questions and offering safety and preventive information in a casual, oneon-one format.

"We know criminals are

mobile, and a lot of crime occurs at or near transit stations, often dealing with youth," said EPS Deputy Chief Brian Simpson. "It's important to have a presence — people tell us they like it. And we want any criminal element to know we're there too."

Simpson said crimes like auto break-ins are common in transit areas, but officers are also reminding students to pay their fares, be aware of their surroundings and keep costly iPods and other electronics hidden from view. "We want to encourage safe behaviours. We know we have a safe transit system because of initiatives like this, said Ron Gabruck, Director of Operational Support for ETS. "Most transit problems are nuisance-related — smoking, drinking, bad behaviour. We can deal with those issues, but it's great to join with EPS to stop problems before they happen."

"I feel safe, but it's good to see them here, " said bus rider Margaret Kennedy of the CAT blitz. LUCY HAINES/FOR METRO

Riders

- Edmonton Transit has some 400,000 riders on an average weekday
 — 300,000 use bus and 95,000 take the LRT. Of the 82 million boardings each year, about 12 million riders are youths.
- Edmonton Transit Peace Officers cover the system 24/7.



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NEWS metronews.ca
Thursday, September 27, 2012

Organic education

You say courtyard, I say classroom: Principal

A 500-student elementary school is always a bustling place, but Westbrook principal Shauna Paul has a way to slow things down: a revitalized courtyard with a soothing fountain and outdoor garden dedicated Wednesday, that she says offers a moment of respite during a busy day.

of respite during a busy day. "There's a time for kids to be still too. Yes, there's so much that can be taught out here — bug life, plants — but there's also solace in just the sounds of water and nature," said Paul.

For the last two years, Westbrook School, its parent council and the Westbrook Society Parents have raised funds, hired the designers and found business sponsors to renovate the 27-year old courtyard so it could once again be a usable space.

The school was designed by prominent local architect and Muttart designer Peter Hemingway, so organizers made sure to keep a cement, glass and metal feel to the space, while still making it a modern classroom.

Alongside foothills, mulch,

shrubs and grasses, and a sculpture of the northern lights, the courtyard has a pad for student seating and electricity to operate a smart board and other classroom equipment.

"The fountain is my favorite — it's really relaxing. And it's a good place for us to learn our trees and forest unit," said Grade 6 student McKenna Mercier.

LUCY HAINES/FOR METRO



Premier says no cuts coming to Alberta municipalities

Cutting the deficit.

Redford tells AUMA the province won't balance the budget on municipal backs

RYAN TUMILTY

ryan.tumilty@metronews.c

Alberta Premier Alison Redford assured municipalities Wednesday that they won't face cuts in light of the province's worsening budget situation

worsening budget situation.
"We will not balance the
budget on the backs of municipalities," Redford said to the
Alberta Urban Municipalities
Association (AUMA) conference
at the Shaw conference Centre
in Edmonton.

The province's first-quarter update released in August showed the province is facing a deficit of as much as \$3 billion this year, nearly triple what they projected at budget time.

Redford told the gathering of municipal mayors and councillors she would not make a knee-jerk reaction to the financial numbers. "We aren't budgeting for Alberta's future based on the first quarter of 2012"

10-year plan

\$12B

In 2007, the province announced a municipal sustainability plan that will hand out nearly \$12 billion over 10 years.

She said she wanted to make sure Albertans still had good services and strong communities. "We will not compromise on Albertans' quality of life and we know you won't either."

AUMA president and Edmonton city councillor Linda Sloan said the news from the premier was a relief, but most municipalities were also hopeful the province wouldn't pursue large cuts. She hopes for more funding, not less from the provincial government.

"We want to have more flexible and assured funding to do the core infrastructure work that municipalities need to do."

Sloan said municipalities are hitting their head against the wall when it comes to ways to pay for what they need. "We have property taxes that of course we rely on, but as many municipalities know those have seen double-digit increases."





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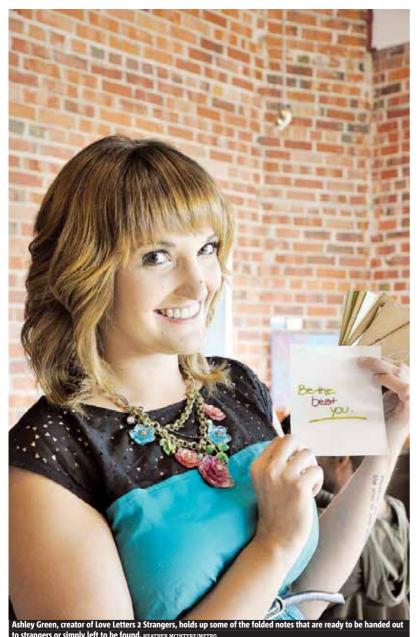




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metronews.ca Thursday, September 27, 2012 metr⊕ NEWS



SPREADING LOVE, ONE LETTER AT A TIME

A local photographer hopes to inspire Edmontonians with random acts of kindness. So far, it appears to be working



If you look closely, you may find a folded note at a bus stop, in your mailbox, sitting on the counter at a coffee shop or tucked into a new or borrowed book. Or someone may simply hand one to you.

The note will unfurl to reveal a handwritten and decorated love letter — for a stranger, from a stranger.

Edmonton photographer Ashley Green started the Love Letters 2 Strangers project a year ago.

"I had so much love coming from my friends and family and the community I was in, I just wanted to do something to give something back in a way that I knew how," said Green, a Drumheller native who moved

to Edmonton six years ago. Taking inspiration from notes her mother wrote to her while she was growing up, the

All you need?

"Love Letters 2 Strangers wouldn't have grown the way it did if we didn't need it. There can always be room for more love."

Ashley Green, founder of Love Letters 2

project grew to include a website (loveletters2strangers.com) and, in just a few months, small crafting workshops to write the letters. Those workshops, generally held monthly, now accommodate between 20 and 25 people. Over the summer, Green even held ones geared to vouth.

It's that kind of reach that saw Green win a \$1,000 grant last week from the Edmonton Awesome Foundation. She plans to use the money to host a larger workshop in January for as many as 100 people. "It's going to push Love Letters into a whole new world," she said.

In the meantime, the next workshop is on Oct. 18, and Green is expecting it to be her biggest yet.

"A lot of people at first are

little tentative. They don't know what to say," she said. "But I write a lot of love letters and am thinking 'somebody else out there must be having a

day like mine."

Overall, sometimes people just need that little reminder, she said. "Love Letters 2 Strangers wouldn't have grown the way it did if we didn't need it. There can always be room for more (love)."

Cam Penner received a love letter while in the Second Cup on Whyte Avenue and Calgary Trail a few days ago. It told him to keep on shining.
"I think it's just a great

thing to be putting out there," he said. "It made me feel good."

Hooked on a feeling

My love letter

When I met Ashley Green one morning at Transcend Coffee on 109 Street, she had already slid a love letter onto the counter for the staff.

She had brought many for me to look at — and even one she said she handpicked for me.

"This world is a better place because you are in it. Thank you for being you. Because you are REMARKABLE."

She said to keep it in my wallet or hand it out to someone else.

I haven't yet decided what to do with it, but it most definitely put a smile on my face.

HEATHER MCINTYRE/METRO

While most notes made at the workshops are handed out in Edmonton, Green has dispersed them through five countries.

Emails of thanks have come from as far away as France, she said. "That just tells me I have to keep going."

Follow Heather McIntyre on

Twitter @Metro Mac





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metronews.ca Thursday, September 27, 2012

Therapeutic touch of horses for homeless

Making Strides.

Sept.-April program offers respite and therapy to homeless and struggling people through horse-human interaction

LUCY HAINES edmonton@metronews.ca "I was outside all the time when I was homeless, but this is different. I love being outside here. I feel like I belong — I'm respected and part of something. Now I don't feel so alone."

These are heartfelt words from an adult woman, who cannot be named to protect her privacy. She left a life of violence in Vancouver and now stays at a women's shelter in Edmonton. Once a week, she comes to the Whitemud

Equine Centre, where a new program called Making Strides offers homeless and impoverished clients of Boyle Street Community Services and the Bissell Centre a unique way to work through life's challenges.

Rylan Kafara, inner-city recreation co-ordinator for Bissell and Boyle Street, said the clients he brings to the program are struggling in life, and these hours of gentle interaction with an animal lifts a weight off their shoulders. "It builds confidence to have a respect between our client and the horse," said Kafara. "A lot of people who do this program have been let down by people, but not animals. There's a trust there, and they can let their guard down."

can let their guard down."

Up to 36 clients will use the eight-month equine-assisted psychotherapy with horses or a donkey. Services and space are all donated by Equinox Therapeutic and the Whitemud Equine Centre.



Main attraction. Baby seal pup Nika welcomed at Edmonton Valley Zoo

The Edmonton Valley Zoo's newest bundle of joy is making quite a splash as she is thrust into the public eye.

Edmonton media were invited to meet Nika, a 10-weekold northern fur seal pup, Wednesday as she frolicked in the seal pool at Arctic Shores.

Dr. Milton Ness, the zoo veterinarian, said Nika's birth added not only diversity to the zoo, but also another way to tell people about the human impact on the environment and animal ecosystems, especially in Northern Canada.

"Anytime we have the ability to see an animal up close and personal ... I think it gets people engaged and they think about what they need to do themselves to change the world, to allow these (animals) to exist," Ness said.

Nika, who was born on July 20, was conceived before her mother, Misha, moved to the Edmonton Valley Zoo in March 2012. Arctic Shores is also home to fur seals Isadora and Sofia, along with harbour seals Hula and Makani.

LAURIE CALLSEN/METRO



Policy enacted

EPSB wants active transportation plans for all schools

The Edmonton Public School Board has enacted a policy to encourage students and parents to look to active transportation first when heading to school.

In a release Wednesday, the board said the plan has many benefits, including increased safety, reduction in car volume and traffic volume, as well as health benefits for students.

EPSB is asking students and families to use any "self-propelled" mode of transportation — like biking or walking — and to couple these with public transportation. METRO

Police investigating

\$2M morning fire damages north-end businesses

Edmonton Fire Rescue Services said a fire around 5 a.m. Wednesday that damaged two businesses at 136 Avenue and 93 Street caused nearly \$2 million in damages

Multiple calls came in reporting smoke at Shadified Salon Spa and Liquor Depot. When fire crews arrived, a second alarm was initiated.

Firefighters had the fire under control in 40 minutes, and have since turned the investigation over to the Edmonton Police

Service. **METRO**



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Rona in a pro-life

Bill defeated. Status of women minister Ambrose criticized after she votes in favour of it

A Tory MP's landmark pro-life bid was defeated in the House of Commons on Wednesday night — and the prime minister helped torpedo it.

Stephen Harper voted against the motion to have Parliament study the definition of a human being.

But 10 ministers voted to keep the debate alive.

Quoted

"Mr. Harper can't have it both ways. He can't claim that he's against reopening the abortion debate and having a sitting minister vote in favour of reopening the abortion debate."

Thomas Mulcair, NDP leader

Status of women minister Rona Ambrose was among the cabinet members who rose to vote in favour of Stephen Woodworth's private motion — and was roundly criticized for it.

"It's unacceptable," said NDP MP Niki Ashton.

"Stephen Harper told us his government wasn't willto reopen the debate and you have the minister in charge of the status of women voting (in favour)." She said it raises ques-

tions about whether Ambrose should retain her duties.

"I think it's shameful that the minister ... in charge of moving forward on women's equality today stood up in the House to essentially attack a woman's right to choose.

The motion was defeated by a vote of 203-91.

Harper had called Woodworth's motion "unfortu-nate," and said he would vote against it because of his electoral commitment to not re-open the abortion debate.

But more than 80 Conservative MPs did not appear to view their vote as a contradiction to the election promise.



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tempest

Stephen Woodworth

MPwants to protect the unborn

When does human life begin?

Currently, the Criminal Code of Canada defines a child as a human only after it emerges alive from the mother's body at birth.

Stephen Woodworth, below, and his supporters point out that the landmark 1988 ruling confirming abortion rights in Canada also noted the potential need to protect unborn babies at some point during a pregnancy.



Guessing game. Justin in media whirl, but reveals nothing about leadership



Justin Trudeau's star power was on display Wednesday as reports of his imminent entry into the Liberal leadership race sparked a media frenzy on Parliament Hill.

But the 40-year-old Montreal MP coyly refused to confirm or deny reports he'll announce his leadership bid Tuesday.

A phalanx of television cameras and outstretched microphones besieged Liberals outside their usually quiet weekly caucus meeting.

It was a testament to Trudeau's magnetic ability to attract attention.

"Thank you very much for your interest," he said on his way out of the meeting. "I'm pleased to hear all the

"I'm pleased to hear all the buzz and all the interest in the Liberal party's fortunes.

"But I have nothing further today ... I promise I will let you know when I have something to announce."

Liberals are desperate to avoid sinking into oblivion after being battered in the 2011 election. That has made Trudeau the virtual front-runner.

THE CANADIAN PRESS





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Ahmadinejad talks while Canadians walk

United Nations.

Tensions run high at UN meeting only weeks after Canada closed embassy in Iran

Canadian diplomats walked out Wednesday as Mahmoud Ahmadinejad subjected the United Nations to more of his trademark political vit-riol, but the Iranian president brushed off Canada's anti-Iran bent even as Tehran warned its citizens to avoid the country for fear of rampant "Iranophobia.'

It wasn't the first time the Canadian delegation has walked out on Ahmadinejad
— they did it last year and in 2009 at the United Nations annual gathering of world lead-

But tensions are running higher than ever between the two countries after Foreign Affairs Minister John Baird shuttered Canada's embassy in Iran three weeks ago.

"We will not sit silently in our chairs and listen to Iran's hateful, anti-Western, anti-Semitic views," Baird's press secretary, Rick Roth, said.

"If anything, today's address only reinforces our decision earlier this month to suspend diplomatic relations

Ahmadinejad was dismissive of Canada in a news conference following his speech

"I fundamentally don't see this as a very important issue. Of course we did not have a ship with Canada," he said.

Ahmadinejad didn't men-tion Canada by name during his speech, but a statement was posted Wednesday by the Islamic Republic News Agency, Iran's official news agency. The statement, attributed to Iran's Foreign Ministry, warned Iranian citizens against travelling to Canada, citing "Islamophobia," "Iranophobia" and a "double standard" in Canada towards human rights.

THE ASSOCIATED PRESS



Morsi: Won't rest until Syrian civil war ends

Egypt's new President Mohammed Morsi, making his debut on the global stage at the United Nations, said Wednesday that he will not rest until the civil war in

Syria is brought to an end.

He called the fighting there, which opposition groups say has killed at least 30,000 people, the "tragedy of the age" and one that "we all must end." And he invited all nations to join an effort to stop the bloodshed that began about 18 months ago when opposition figures rose up against President Bashar Assad's regime.

Morsi, an Islamist and key figure in the once-banned Muslim Brother-hood, opened his remarks to the U.N. General Assembly by celebrating himself as Egypt's first democratically elected leader who was swept into office after what he called a "great, peaceful revolution.

He said the first issue for the world body should be

ertifying the rights of the Palestinian people.
"The fruits of dignity

and freedom must not remain far from the Palestinian people," he said, adding that it was "shameful" that U.N. resolutions are not enforced.

He decried Israel's continued building of settle-ments on territory that the Palestinians claim for a future state in the West Bank.

another Morsi condemned as an obscenity the video produced in the United States that denigrated Islam's Prophet Muhammad. He insisted that freedom of expression does not allow for attacks on any religion.

Morsi also condemned the violence that swept Muslim countries last week in reaction to the video.

THE ASSOCIATED PRESS

Iran's leader politically wounded

Iran's president has no trouble making himself heard: rumbling through the UN's annual world gathering this week with comments bashing homo-sexuality, describing Israel as a doomed misfit in the Middle East and predicting a rising tide against U.S.

"bullying."
On one point, however,
he is mum — his plans after elections next June that will close out his second and final term.

Mahmoud Ahmadinejad has so far dodged questions about possible post-presidential roles with cryptic replies or inscrutable silence. Yet this much is clear: Despite his bravado at the UN and other international forums, he heads into the last months of his presidency politically wounded from skirmishes with Iran's ruling system. THE ASSOCIATED PRESS



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Egyptian paper fights cartoons with cartoons

Non-violent protest.

Al Watan says the move was 'a civilized reaction to all that has happened'

Amid outrage sparked by perceived insults to Islam, one Egyptian newspaper has decided to fight cartoons with cartoons.

Al Watan daily says it is responding to the crude caricatures published last week by a satirical Parisian weekly in kind: a series of sketches cri-

Freedom of expression

The newspaper's decision comes amid a debate over freedom of expression in both Muslim and Western countries over the reaction to the film "Innocence of Muslims."

tiquing relations between the Arab world and the West.

The paper says they are a "civilized" alternative to the violent protests across the Muslim world sparked by a low-budget anti-Islam film produced in the United States.

 Violence. More than 50 people have been killed in violence linked to the video over the past two weeks. In Egypt, protesters breached the U.S. Embassy.

"Nothing cracks cartoons but cartoons," said the banner splashed over the two-page spread published this week.

One drawing, captioned "Western glasses for the Islamic world," features a pair of eyeglasses framing the burning World Trade Center towers.

Another shows a flashlight wrapped in an American flag pointed at a picture of an angry turbaned man with a knife, ignoring a peaceful Muslim.

Both seem intended to suggest that the only image seen by Western audiences of the Muslim world was that of terrorism. Mohamed El Barguti, an editor at Al Watan, told The Associated Press on Wednesday that the cartoons were a "model of a civilized reaction to all that has happened."

THE ASSOCIATED PRESS

New Mexico. Police force gone to the dog after troubled chief resigns

The police chief of the small eastern New Mexico town of Vaughn resigned Wednesday, leaving the town with just one certified member on its police force — a drug-sniffing dog named Nikka.

Dave Romero, attorney for the town, said Wednesday that police Chief Ernest "Chris" Armijo decided to step down after news stories reported that he wasn't allowed to carry a gun because of his criminal background.

"He decided the attention was distracting from everything as he had to do in his position," Romero said. State officials said Armijo

State officials said Armijo couldn't carry a gun since acknowledging owing tens of thousands of dollars in delinquent child support payments in Texas.

Armijo also faces new felony charges after being accused of selling a townowned rifle and pocketing the cash.

The town

Vaughn, a town of about 450 located 167 kilometres east of Albuquerque, is set deep in what U.S. Homeland Security Investigations officials say is an isolated region of the state popular with drug traffickers.

 Officials say the desolate roads in Guadalupe County make it hard for authorities to catch smugglers moving drugs from Mexico.

Romero said Armijo is working to clear up the latest case.

He said Armijo has not ruled out seeking the police chief's position again if his case is resolved and the position is open.

THE ASSOCIATED PRESS

Nova Scotia. Boy in chains prompts police manhunt

Police in Nova Scotia are searching for two men facing charges of forcible confinement and sexual assault after a woman reported that a 16-year-old boy arrived at her doorstep chained at his wrists and ankles.

The RCMP say they responded Monday evening to a report from a Lunenburg County resident that a youth was in need of help in the small community of Upper Chelsea, about 130 kilometres from Halifax.

Alice Arnold, a 78-year-old resident of Upper Chelsea, said a teen in bare feet knocked on her door Monday at 7:20 p.m. wearing only a hooded sweat-shirt. She said he had chains around his wrists and ankles and he appeared "terrified."

She said she didn't allow him into her home but told him she was calling police.

"He ran to another neighbour's house and they let him in and they cut off the chains."

Police said David James Leblanc, 47, and 31-year-old Wayne Alan Cunningham have been charged with forcible confinement and sexual assault.

THE CANADIAN PRESS



n RCMP constable looks on as a member of the force's forensic lentification unit enters a home on Faulkner Road in Upper Chelsea, A HOME BUILDER THAT GIVES YOU

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Red Bull heir pays off family of cop he killed

Common practice. 27-year-old still faces criminal charges after hitting victim with his Ferrari in Bangkok and dragging his body

The billionaire family of a Red Bull energy drink heir accused of killing a police officer in a hit-and-run accident paid the officer's siblings about \$100,000 in a deal aimed at avoiding a civil law-suit, police said Wednesday.

Vorayuth Yoovidhya, 27, is charged with driving a Ferrari that struck the officer and dragged his body down a Bangkok street earlier this

The Yoovidhya family paid the officer's siblings 3 million baht (\$97,000 US) last



week, police Lt. Col. Viradon Thubthimdee said. He said the settlement will protect

Vorayuth from a civil lawsuit. "We sometimes call this a 'funeral fee.' If the victim's

party is satisfied with the

will not seek compensation through a court," Viradon

The payment, however, does not protect Vorayuth from criminal charges of causing death by reckless driving and fleeing to avoid arrest. If convicted, he faces up to 10 years in jail and a fine of 20,000 baht (\$666).

The payment from the extremely wealthy family is also unlikely to quell public outrage over the incident and an initial attempt to cover up Vorayuth's alleged involvement by arresting a bogus suspect.

The family was ranked fourth-richest in the country by Forbes magazine with a net worth of \$5.4 billion.

It is not uncommon for the rich and privileged to get away with crimes in Thailand. THE ASSOCIATED PRESS



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Key ingredient in bath salts drug banned



Alleviating confusion.

The government says people shouldn't confuse the street drug's name with legitimate bath products

The federal government is banning a key ingredient found in the street drug known as bath

compound, called

MDPV, will now be treated the same as cocaine or heroin.

Health Minister Leona Aglukkaq says the new rules make it illegal to possess, traffic, import or export the substance.

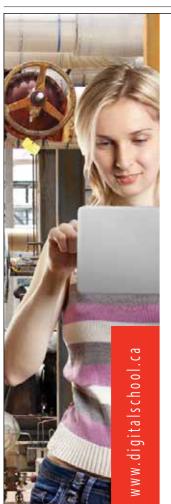
The compound can be used in legitimate research if authorized by regulation.

The minister says the de-cision to ban MDPV follows concerns expressed by health officials about the health and safety risks associated with its

She says police and the Can-ada Border Services Agency are also concerned about the substance's growing popularity and availability.

The government stressed that people shouldn't confuse MDPV and its street name with legitimate bath products.

The Canadian Association of Chiefs of Police welcomed the ban, calling it "an important step in stopping organized criminal groups from acquiring and profiting from this illegal substance." THE CANADIAN PRESS



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metr⊕ **NEWS**

Lawsuit settlement

UC to pay Occupy protesters \$1M

The University of California has agreed to pay \$1 million to settle a lawsuit filed by demonstrators who were pepper-sprayed during an Occupy protest at UC Davis last fall, according to a preliminary settlement filed Wednesday.

The Nov. 18, 2011, incident, during which a police officer casually dispensed or-ange pepper spray in the faces of non-violent protesters,

prompted national outrage angry campus protests and calls for the resignation of Chancellor Linda Katehi after online videos went viral.

Under the settlement, UC would pay \$30,000 to 21

plaintiffs and an additional \$250,000 to their attorneys. THE ASSOCIATED PRESS

Union convention

B.C. towns vote to decriminalize pot

British Columbia's municipal politicians have waded into the national marijuana debate by voting in favour of decriminalizing pot and studying the benefits of tax-ing and regulating it.

Mayors and councillors attending the annual Union of B.C. Municipalities convention were backed Wednesday by the Victoria-area community of Metchosin to support

marijuana decriminalization during a stirring debate.

"I tried it when I was younger, and I turned out OK," said Prince George Coun. Brian Skakun.

The majority said it was time B.C. did something to counter the violent control organized crime has over the marijuana industry — esti-mated to be worth \$7 billion annually. But Tom Siddon, a B.C. Interior regional district politician, said this would send the wrong message to young people. "This is not a remedy." THE CANADIAN PRESS







Mafia dealings caught on video

Relevance. Evidence against construction industry never used because it wasn't pertinent in RCMP's drug investigation

Hours of police video of Mafia backroom dealings — the sort seen in Hollywood films was played at a public inquiry into corruption Wednesday.

The memorable scenes included the one-time don of the country's most powerful Mafia family, the late Nicolo Rizzuto, at meetings with construction-industry playconstruction-industry players where he received wads of cash and stuffed them into

Quebec's corruption inquiry has promised to exam-ine ties between organized crime, the construction in-dustry and the world of polit-

ical-party financing.

After months of anticipation, it witnessed video evidence of financial links between the underworld and the construction world.

The images were gathered by the RCMP as part of surveillance operations in 2004 and 2005 $\hat{-}$ and they were largely ignored until now.

Construction industry boss-

- Videos were shot during a five-year investigation that led to mass arrests in 2006 — the largest sweep against the Italian Mafia in Canadian history.
- The operation helped precipitate the decline of the Rizzuto empire, many of whose members are now in jail or dead.
- Vito Rizzuto, the most powerful member in the family when arrested in 2004, will be released from a U.S. prison Oct. 6.

es were seen handing cash to Rizzuto or other Mafia types; there were also scenes from a Christmas party where busi-nessmen and senior members of the Cosa Nostra exchanged affectionate two-cheek kisses.

The scenes were gathered by cameras hidden at an eastend Montreal "social club" that served as the Mafia's headquarters. Significant amounts of cash — as much as \$20,000 at a time — exchanged hands.

The Mounties fought in

court to keep from sharing the evidence but Quebec's Charbonneau Commission won that court battle to access the footage. THE CANADIAN PRESS

















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Uruguay legalizes abortion in a squeaker vote

People in favour.

President will allow it to become law if Senate approves; bill allows a legal abortion in first 12 weeks

Legislators have voted in Uruguay by a razor-thin margin to legalize abortion.

In Latin America, where the majority of people are Roman Catholic, no country except Cuba has made abortions accessible to all women during the first trimester of pregnancy.

The vote in Uruguay's Chamber of Deputies passed just before midnight Tuesday after several lawmakers on each side of the debate said they could not in good con-

The nower of one

1

Passing by a single vote: Legislators voted 50-49 to legalize abortion in Uruguay.

science go along with their parties, and allowed substitutes to vote in their stead.

President Jose Mujica says he will allow it to become law, if the Senate approves the changes.

The Senate already has approved an even more liberal version of the landmark abortion measure.

The Chamber of Deputies' legislation would give women the right to a legal abortion during the first 12 weeks of pregnancy, and decriminalize later-term abortions when the mother's life

is at risk or when the fetus is so deformed that it wouldn't survive after birth. In cases of rape, abortions would be legal during the first 14 weeks.

Deputy Pablo Abdala of the opposition National Party vowed Wednesday to promote a popular referendum to overturn the law, if Mujica doesn't veto it, calling the measure a violation of human rights.

However, polls suggest many more Uruguayans favour abortion rights than oppose them.

A survey this month showed 52 per cent of Uruguayans would vote to legalize abortion if the question were put to the people, while 34 per cent would vote against it. The survey was of 802 people.

THE ASSOCIATED PRESS

German Catholics

Religious taxes must be paid to be in the church

Germany's top administrative court has ruled that Catholics who opt out of paying religious taxes must automatically leave the church as well

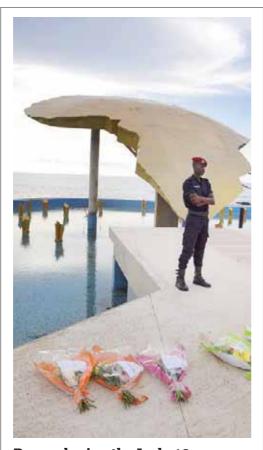
leave the church as well. The court's verdict Wednesday is a victory for the Catholic Church in Germany, which receives more than \$5.14 billion annually from a surcharge of up to nine per cent on income-tax bills of registered Catholics. Germany's bishops announced last week that believers who refuse to pay the tax won't be able to receive the sacraments. become godparents or have a religious funeral. THE ASSOCIATED PRESS

Indian Kashmir

Cops use batons on paramedics

Police in Indian-controlled Kashmir used batons to disperse hundreds of female paramedic students protesting recent exam results.

The students were demanding that their tests be rechecked after nearly 5,000 students out of 7,000 failed. Police said at least four students were injured. THE ASSOCIATED PRESS



Remembering the Joola 10 years on

Bouquets of flowers lie in front of a sculpture of the African continent at the edge of the Atlantic Ocean, following a ceremony commemorating the tenth anniversary of the 2002 Joola ferry disaster, in Dakar, Senegal, Wednesday. With an official death toll of 1,863 and just 64 survivors, the Joola remains one of the deadliest disasters in maritime history. REBECCA BLACKWELL/THE ASSOCIATED PRESS





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metronews.ca Thursday, September 27, 2012 metr⊕ **BUSINESS**

Readership numbers. Metro jumps by 37% in Edmonton

It's official: Edmontonians love their Metro. In fact, according to results released yesterday, the Newspaper Audience Databank (NADbank) pegs Metro Edmonton daily readership at 98,400 — a whopping 37 per cent increase over last year.

"This is fabulous news," says Steve Shrout, Vice President and Group Publisher, Metro Western Canada. "Metro Edmonton continues to gain momentum, a testament to the vital role Metro plays in delivering the news Edmontonians want. We especially recognize the support of our readers, advertisers and staff in helping us realize this kind of

Almost 1.6 million Can-adians across Canada read Metro every day, an increase 247,400 readers over NADbank 2010-11 results.

"These results confirm

By the numbers

the Newspaper Audience Databank (NADbank) pegs Metro Edmonton daily readership at 98,400.

the power of the Metro brand to deliver the news youthful, active metropolitans want," says Bill Mc-Donald, President of Metro English Canada.

'We focus on a unique package of local, national and international news, plus lifestyle and entertainment news that matters to our readers. Add our enhanced distribution strategies and creative marketing initia-tives and it is no wonder more Canadians than ever pick up Metro to start their day.



Natural gas: \$3.023 (+9.9¢) Dow Jones: 13,413.51 (-44.04)

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Site makeover

MySpace revamp stars Timberlake

MySpace, the once-mighty social network-turned entertainment site, is trying to stage yet another comeback with the help of Justin Timberlake. The company posted a video this week that teases the New Myspace and lets people sign up for invitations to join. Based on the video, the new site looks like an entertainment-focused version of Pinterest, with a dash of Twitter and Facebook. The associated press

According to results released yesterday,

Take eQuibbly, for example. It lets people bring their personal and business disputes online — anything from complaints about loud music to boyfriends ogling other women to how restau-

Founder and president Lance Soskin cites the case of the ogling boyfriend and noted that people agreed with his fiancée that he should concentrate on her when they're

"He responded with, 'Well

Wanna take it outside? Take it online instead

'Wisdom of the crowd.'

Dispute-resolution sites provide individuals and businesses with a faster, low-cost means for settling conflicts

Never mind telling your side of the story in court, or to your best friend. Cyber justice is starting to be dispensed to resolve civil disputes and personal disagreements. Sometimes it's left to ordinary folks to vote on winners and losers.

rant tips should be shared.

out together.

gave up



porn for her' and he thought that was quite an achievement," Soskin said from To-ronto. "Eventually people on the site just convinced him he was being rude and uncouth."

Participants read both sides of an argument and vote on who wins the dispute, which Soskin called "crowd voting." The web application is free to its users and obviously does not deal with criminal cases or more serious matters

Technology analyst Duncan Stewart said theoretically the "crowd" should be impar-tial. "There's this whole wisdom of the crowd thing - a million people know more than one person no matter how smart that one person is," said Stewart, director of Deloitte Canada Research for Technology, Media and Tele-

Stewart said eQuibbly does what has been done informally for years and added "even

communications.

"You can't go to court for a few hundred dollars."

Lance Soskin, founder of eQuibbly

things that might be settled by the courts might start being settled by the crowd because they're better."
EQuibbly has a more ser-

ious side, though, which allows individuals and businesses to agree to a debate with a binding resolution.

Soskin sees shortfalls in the justice system that online dispute resolution might solve. "You can't go to court for a few hundred dollars," he "Most of the court systems in the U.S. and Canada are backlogged with thousands upon thousands upon thousands of cases."

The British Columbia government announced in May that it will set up an online tribunal to help people solve small civil claims outside court. There's also mylegalbriefcase.com, which helps guide people through Ontario's small claims court system. THE CANADIAN PRESS



The National Pig Association says global drought conditions are driving up the price of grain, a major staple in hog

It says pig farmers around the world are selling their

In the United States, the government has introduced a pork-buying program in a bid to keep its pig farmers in business.

And the Chinese government is putting pork into cold storage, as a buffer against

economist Steve Meyer says he expects to see record prices for pork next year.

He says high grain prices affect all meat suppliers, meaning beef, chicken and turkey supplies could also be affected. THE CANADIAN PRESS







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Thursday, September 27, 2012

A (BLOODY) THUMB GOES UP, A CAR GOES BY...



HE SAYS... John Mazeroll metronews.ca

After years of hitchhiking, my biggest tip is to never thumb with a bloody hand. You might think that's

You might think that's stupid advice, perhaps suitable for some creature that doesn't

even have opposable thumbs (which is why dogs so rarely hitchhike).

But, trust me, it's important.

Recently I've been hitchhiking Iceland, the country that leads the world in tourist spots that can actively kill you. (Typical sign: Welcome! Beware of steam explosions!)

I was on the one-lane "highway" heading from some death-by-ice attraction to some death-by-fire one, and several

Hitchin' a ride

"I did have a first aid kit with me, but I forgot the first rule of first aid: Remember that you have a first aid kit with you." cars passed me. Not a big deal, but I decided to do my mental hitchhiking checklist.

- Standing where visible but too difficult to hit for points? Good.
- Eyes conveying 'Don't hate me, I'm not American'? Check
- Looking outdoorsy but not serial-killersy? Whoops.
 This is when I noticed my hand. A hangnail — throb-

bing from cold weather and gushing from a blood disorder I have — meant my right hand had gone all Carrie White. I looked like maybe I had pulled a Temple of Doom on one of the sheep wandering the roadside.

I did have a first aid kit with me, but I forgot the first rule of first aid: Remember that you have a first aid kit with you.

Instead, I followed my memory from Boy Scouts and put a wet, woolen glove over top of it, which is probably what they would recommend. I'm not sure because I quit during Beavers.

After performing the medical equivalent of putting duct tape over the 'service engine' light, somebody eventually stopped. I don't think the driver was unnerved when he heard, "Don't be alarmed but there's a lot of blood on my hand." The nervous giggle afterward may have given him pause though

pause, though.

Thankfully it all worked out. It always does.

People are always talking about how dangerous hitchhiking is, and the travel book I brought — the offices of which are clearly ringed by rabid lawyers — goes so far as to say hitchhiking is 'not rewarding.' Of course hitchhiking has its dangers, but it seems a paranoid stance in a place where you're encouraged to swim in fault lines and volcanoes.

Hitching is one of the best ways to meet locals, it's cheap, and it's like love — when you find what you were looking for, you forget instantly about the long wait that came before.

Maybe the best thing about hitchhiking is that it's much easier than it seems. It's rare that something so easy to do elicits such instant wonder in people who never try it.

But the secret's out now, I suppose, so if you've never considered it before feel free to sully your virgin thumb. Get a written sign if you like, stand in a straightaway where drivers have enough time to decide to stop, and wear bright colours for safety's sake. I find a nice blood red really catches the eye.



Who's at the wheel?



ERIC RISBERG/THE ASSOCIATED PRESS

Google auto

Driverless car gets green light

A driverless car is seen at Google headquarters in Mountain View, Calif. Google has been developing autonomous car technology and lobbying for the regulations for years.

The company says autonomous cars can make roads safer, free commuters from the drudgery of driving and reduce congestion.

THE ASSOCIATED PRESS

This many clicks

483,000

Google's fleet of a dozen computercontrolled vehicles — mostly Toyota Friuses equipped with self-driving technology — has logged more than 483,000 kilometres of self-driving without an accident, the company said.

Signed, sealed, driven

Legislation paves way for technology

Gov. Jerry Brown signed legislation earlier this week that will pave the way for driverless cars in California.

The legislation requires the California Department of Motor Vehicles to draft regulations for autonomous vehicles by Jan. 1, 2015. Currently, state law doesn't mention self-driving cars because the technology is so new.

THE ASSOCIATED PRESS

Butananana

- Autonomous cars use computers, sensors and other technology to operate independently, but a "driver" can override the autopilot function any time.
- The regulations would allow vehicles to operate autonomously, but a licensed driver would still need to sit behind the wheel to serve as a backup operator.



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What will you replace watching hockey with during the NHL lockout?



Twitter

@MrBrockShabada4: • • • • According to my nipples it's cold out #yeg #yegweather

@mmichaelsshow:

There is a bacon shortage, Burgers and Steaks are poisonous, and there is a liquor store on fire in #yeg. #theworldendstoday

@leoniee_:

WHO in their right mind would throw a banana peel put of their window? We aint playing a game of Mario kart here. #yeg

Jercse:

WTF, #yeg why are all the children sick in this city? Im bringing my TTO spray to the grocery store. Stealth spritzing.

@Wildsau:

Why don't we just say all beef products being sold have E. Coli in them, and release a daily list of the few that are actually deemed safe.

metr⊕

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SCHNE

Film fest changes game plan

EIFF. Festival aims to reach out to more Edmontonians with social media initiatives and a centralized location



Anyone who has planned an event, either personally or professionally, knows the most nerve-wracking part is anticipating whether people will

show up or not. For some, it's an adrenaline rush that keeps them coming back for more. For others, such as Kerrie Long, Festival Producer with the Edmonton International Film Festival (EIFF), it can be draining

"When I first started nine years ago, I thought how hard can this be?" she says.

Yet despite her experience and passion, Long still faces challenges each year with getting locals to purchase tickets.

"I get frustrated with the stumbling block of reaching Edmontonians," she explains.

"We have to put so much of our money towards programming and the films themselves that there isn't a lot left for marketing or advertising."

Realizing this challenge, EIFF decided to make some changes, including more focus on social media and pre-festival promotions.

This year, they moved up their one-day challenge, which is described on EIFF's website as "35 teams of crazy-ass, fierce filmmakers who sign-up to produce a short film in just 24-hours" in an effort to earn more pre-event hype

more pre-event hype. If that fails, Long is hoping their decision to centralize the festival to one downtown location will pay off in spades. Empire City Centre Cinemas (10200 102 Ave) is now the only venue to feature EIFF shows.

Details

- Reel Deal all-access passes are available for \$129.
- Check out their short films via YouTube under edmontonfilmfest.com
- EIFF has been around since 2002.

Choosing which shows make the EIFF cut is what keeps Long busy throughout the rest of the year and it's also what keeps her on her toes.

She was taken aback when the film Fubar drew sold out crowds during a past festival. Two years ago, she thought opening with the feature hockey musical film Score would be a sure thing.

a sure thing.
"It actually didn't sell out,"
Long confesses.

Long confesses.

"It always surprises me what sells out and what doesn't."

Sure to make an impression though are the brilliant lunch hour short films, which take place 12:10 p.m. to 12:55 p.m. so you don't have to risk missing part of work to catch the whole film. For \$12.50, moviegoers are treated to a Subway sandwich water and cookie

sandwich, water, and cookie.

EIFF kicks off tomorrow
and runs through to Oct. 6. Details at edmontonfilmfest.com.







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Don't hate him for being the Bachelor

Survey says

A new survey from Match. com, an online dating site, reveals that, unlike the 25 lucky ladies who will be battling for the heart of the Bachelor Canada, less than one in 10 Canadian women would go on a reality series to find love. In fact, most single Canucks (45 per cent) believe a first date on national television would be the most intimidating type of romantic rendezvous. Match.com dove into their vault of Canadian data to determine which contestant is most likely to win Brad's heart — at least according to statistics.

- Blondes rule. Single Canadian chaps (41 per cent) prefer flaxenhaired females over brunettes and redheads, and 46 per cent of men prefer women who have "medium" length hair. Lucky for the brown-haired Bachelor, the opposite is true of Canadian women. The majority of single ladies (54 per cent) swoon over brown-haired men.
- No jock love. The football-playing Bachelor might not be so fortunate in the job department. Only seven per cent of single Canadian women think being an athlete is an attractive profession. Those contestants that are in the medical field or are self-employed may have a leg up; these are the two sexiest professions, according to single Canadian men.
- Singles still believe. An overwhelming 76 per cent of Canadian singles believe in soul mates.





ABC says the next star of The Bachelor will be Sean Lowe, who was dumped on The Bachelorette. The network says the 28-year-old Dallas businessman will be the one doing the choosing when The Bachelor returns for its 17th edition. On the eighth edition of The Bachelorette, Lowe confessed his love for Emily Maynard but was eliminated just before the finale. ABC says Lowe is ready to look for love again. The 6-foot-3 Texan was a linebacker for Kansas State and worked in finance and insurance before starting a custom furniture business. The Bachelor returns in January.











































"They can make fun all they want, but they'll be there to support you. That's what boys are for."

"When you go in and

see 25 girls, you're not

looking to love all 25.

You're just looking for

that one who's going

the end and that's all

Canada's Bachelor Brad Smith, former CFL wide receiver for the Edmonton Eskimos

show, including his family

(his dad is former CFL com-

missioner and senator Larry

Edmonton Eskimos team that

are going to go my buddy's house to watch it every Wed-

nesday night just because

"I've got almost half of the

Smith) and his CFL buddies.

to be with you until

that matters."

The show won't be with-out the usual hot tub moments and kissing sessions, and Smith admits it'll be an "intensely awkward situa-tion" for his parents to watch.

"But they understand that it's part of the process and they're cool with it," he said.

The Bachelor Canada. Premieres Wednesday, Oct. 3 at 9 p.m. EST/ PT on Citytv. (Following the premiere, the series moves to its regular time slot Wednesdays at 9:30 p.m. EST/PST, beginning October 10

Looking for love. Former CFL player

Brad Smith just wants to find the right woman — with whom he can build a life

PHYLICIA TORREVILLAS

Brad Smith doesn't care if you hate on him for choosing to search for love in a different way.

The former CFL wide receiver-turned-first Bachelor Canada just wants to find someone to start his life with.

"When you go in and see 25 girls, you're not looking to love all 25," Smith said Wednesday.

"You're just looking for that one who's going to be with you until the end and that's all that matters."

"You just have to be in the best situation to know yourself and what works for you so you can find that person,' he added.

"If she's not there, then

don't pick anybody."

The show hasn't even started yet, but the 28-yearold already has his fair share of haters and critics.

"I don't care (about) being made fun of or chirped," he

said.
"I understand that comes
People with the ground. People are just naturally not going to like the fact that you've chosen to do this because they don't believe in it."

But he adds that there are twice as many who are totally behind him in his quest for love on reality

Who are you running for?



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metr⊕ **SCENE**



Homicide star returning to television with Last Resort

Military thriller. A

roque submarine captain finds himself on the run from the U.S. army after a major missile incident

NFD EHRBAR

Veteran actor Andre Braugher returns to TV with Last Resort, an intriguing military thriller about a submarine captain who questions an order to launch nuclear missiles at Pakistan — only to have his sub Braugher's Capt. Chaplin and crew seek refuge on an island in French Polynesia, making a stand against the country they used to fight for.

Toward the end of the first episode, Scott Speedman's character compliments your character for delivering a message with "just the right amount of crazy." What is the right amount of crazy? You know, I don't think he's

crazy, but he's in grief, and grieving people do crazy things. He's lost a wife, we learn that he's lost a son. He's lost everything he thought he was because he wasn't willing to kill potentially innocent

And he's grieving and he's betrayed. Part of it is a game and part of it is true. Part of it is a mask and part of it is truth, you know? So I don't know. I don't know from moment to moment exactly how crazy he is. I know that there's a wily trickster aspect to Chaplin. It's like a Jenga game. Ĥe's the kind of guy who knows which blocks to pull in order to either maintain or collapse. Crazy? Maybe, I don't know.

What made you want to come onboard with this show and play this character?

He's a complicated man who wants to do things in the right way — and not because he's persnickety but because there are lives at stake. One of things that's most important to the show-runners as well as to me is that these are not some closet peaceniks who decided, 'Well, now that we have a shoot order, we're going to disobey it.' If this order had come through the right way, they would've launched the missiles without delay. I was intrigued by his desire to do things right and to be judged credibly by history rather than be the guy who killed a million people because he didn't have enough balls to ask the right questions.

The premise puts your character in a pretty highpressure, precarious situation. How will the show sustain itself for an entire season like that?

Well, there's the enemy without and the enemy within. I don't know from which episode to which episode it will be. Our human nature is going to exert itself, and how we're going to reorgan-ize ourselves — I don't know who's going to live and who's going to die. Sam (played by Speedman) and I are eventually going to be at

differently about the world. It's difficult to live with a man who has nothing to lose because the potential for him giving shocking orders rises because there's nobody on the other end.

Have you given any thought to putting down roots in Hawaii, where the show shoots?

We're definitely not putting down roots. I mean, I've got one boy in high school and one boy in grade school, and so my wife is holding down the fort in New Jersey. And until this is definitively a smash hit, nobody's moving. That's just the way it is. Ideally, this is going to be an eight-month gig this year in doing the 22 episodes, but as it stands right now it's basically just one 5,000-mile

So now it's the week of the show's premiere. What's this week like for you?

In the past six years, I've been blessed to be on three shows that were not procedurals so much. Thief was an open-ended journey, and I loved that. Men of a Certain Age was an openended journey — the same thing doesn't happen every week, and I loved that. And now I get the opportunity here for a third time in six or seven years to be a part of a show with an open-ended journey. And I have to say it's marvellous. So I'm hoping for an enthusiastic response, but like any nervous parent, I'm waiting for the event. Sometime Saturday or Sunday when the numbers come in, they're either very pleased or they're not very pleased, and it's more publicity or less publicity because of that. We crack open some bottles of champagne or we don't. That's when it will all become real.



Where can you find it and when does the show kickoff?

- New series. The Last Resort premieres tonight on Global TV.
- Good reception. While

a show can hardly be considered a hit before it has even aired, the early reviews of it have been strong. But Braugher and the cast are resisting celebrating before they see the ratings.

Other new shows you don't want to miss

M RAY

What else is on TV that may pique your interest this fall? Add these shows to your regular rotation of viewing if you're looking for something new.

Elementary Jonny Lee Miller is Sherlock and Lucy Liu Watson in this update on Sir Arthur Conan Doyle's famous detective. Premieres tonight at 10 on

Beauty and the Beast

This is less Disney and more monster soap opera of the '80s.

The CW version is considered a reboot of the Beauty and the Beast fairy tale starring Linda Hamilton and Ron Perlman, with Kristin Kreuk and Jay Ryan playing modern takes

on the Catherine and Vincent characters.

Kreuk is an NYPD detective who has crossed paths with Ryan's mysterious doctor in the past — in his "creature" state, he once saved her life.

She reconnects with him, even though he was reportedly killed by enemy fire while serv ing in Afghanistan

Premieres Oct. 11, 9 p.m.,



metronews.ca Thursday, September 27, 2012 SCENE 25

Harmonic convergence at Crossroads

Country music meets folk-rock resurgence.

Emmylou Harris, Mumford & Sons make sweet music on popular TV show

Emmylou Harris loves Mumford & Sons for a special reason.

"They're making the banjo respectable, which is not an easy feat, and I'm so glad it's finally happening," Harris joked.

Harris, an iconic singer and member of the Country Music Hall of Fame, and Mumford & Sons, platinum-selling lads from London who have sparked a folk-rock resurgence, are joining together to explore their shared love of high harmony, sad songs and, yes, the oft-belittled banjo on an episode of CMT Crossroads on Thursday night.

The Nashville-based Harris had only briefly met lead singer Marcus Mumford before agreeing to do the show based on the waves they created in the music world. They co-ordinated song choices by phone and got together to rehearse for a little more than a day before recording the show earlier this month.

It was a crash course in catalogue consumption and the chance to get to know each other.

"They're great harmony (singers) and they've got this great driving groove with a minimalist instrumentation," Harris said. "But they just



sound good and the songs have beautiful melodies and I love harmonizing on them."

She said it proves her theory that music is going to keep reinventing itself in good ways.

"You don't have to repeat the past. We learn from the past, but we have to come forward with something different and there are just so many different combinations to make good music that touches people," she said.

Harris, 65, was among the

Harris, 65, was among the gateway artists who helped Mumford and bandmates Ben Lovett, Ted Dwane and Winston Marshall discover their love for American roots music. It started with the O Brother, Where Art Thou? soundtrack. Harris appeared



Old sounds, new fans

Like the band, fans have discovered something new in those old sounds

- Tour. Mumford & Sons routinely drew 10,000 and more fans on their Gentleman of the Road tour across the U.S. this summer, almost all of them dancing along to Marshall's banio.
- Quote. "Folk music has always been there, but it's wonderful to see the infusion of freshness and energy, but still having that passion," Harris said. "Not just mimicking what went before, but infusing it.

with Gillian Welch and Alison Krauss on the memorable song Didn't Leave Nobody but the Baby. That eventually led them to the Old Crow Medicine Show and then deep immersion in old-timey sounds from America's longneglected past.

They ran across Harris'

They ran across Harris' imprint many times along the way, and with the help of dobro master Jerry Douglas, they help explore that legacy on the show.

"Pretty much every song that Emmylou has sung on is my favourite song of whichever artist she sang with," Mumford said. "I'm like an obsessive Emmylou Harris freak and I'm not ashamed."

In turn, the quartet has helped shine a light on the influence Harris and the extensive roots underground still exerts. The band, which releases their new album, Babel, this week, were a growing success story in that community when they appeared on the 2011 Grammy Awards with Bob Dylan and the Avett Brothers, launching Mumford & Sons into the national popular consciousness. Their album Sigh No More is now double platinum and Babel is one of the year's most anticipated albums.

"For us, it's kind of a bit of a dream come true," Dwane said. "We'd never thought we'd get to travel so extensively, meet our heroes and collaborate with so many people."

THE ASSOCIATED PRESS

Storytelling for the modern era from a modern woman

Unlucky in love OB-GYN. The Mindy

Project brings a fresh take on relations with a new sitcom on CityTv

AMBER

Metro World New

Mindy Kaling proved herself a likable dreamer with her best-selling collection of memoir-like humour essays, Is Everyone Hanging Out Without Me? (And Other Concerns), and in her role as the ditzy romantic, Kelly, on The

She brings her unapologetic take on the modern young woman to CityTv as creator and star of The Mindy

Need to know

She has been working on this for a long time.

 Quote. "You know that saying: 'Write what you know," Kaling says. "Every level of that is (exemplified) in the pilot — what is it like to love romance? What's it like to be a professional after being a nerd growing up? I've been working on (this sitcom) since I was a kid."

 When does it air? You can find it on CityTv and airs on Tuesdays.

Project, following a dedicated OB-GYN (Kaling) who is way more successful in the operating room than the bedroom. We sat down with Kaling and focused on the positives — like getting her own show.

Tell us why the great at her job, terrible at love device in the show isn't cliché.

The thing that I learned from The Office is (storytelling is about) execution. I want to see two people fall in love. I want to see two people learn how to be better people. It's old-fashioned, but I feel like that's the kind of stories that people want to see, and they want it so badly, they'll even see it when it's terrible.

But it's more than that, no? How to balance work and personal life, that's the single biggest issue that my friends

personal life, that's the single biggest issue that my friends talk about. Somebody might think it's cliché; then my life is a cliché.

Chris Messina plays Mindy's co-worker and complete opposite — but it's not hard to see where sparks might one day fly between the two. So, how about setting up a potential love interest right from the start. Why did you go that route?

I wanted to (set up) people who are different from each other. (Chris' character) doesn't believe in marriage, he's kind of cynical — it's fun to do that kind of storytelling. Plus, I love looking at him. Maybe that's sexist.



metr⊕ **SCENE**



Songstress takes travel and touring to a musical level

The Absence. Melody Gardot's new album is a testament to her lifestyle — being on the go and keeping it simple

LINDA LABAN

Melody Gardot doesn't live out of a suitcase. She lives out of three. Not just when she's travelling - which is much of the - but all the time. That's all her stuff.

It's not about minimalism;

it's about space for life rather than space for stuff, a theme that's at the root of her latest record, The Absence.

"There's a notion that absence is lonely, but it doesn't have to be," says Gardot. "I've spent so much time in Portugal in recent years; I'm always

coming and going so often that someone told me that it's like I never leave. I'm never really absent. My memory is there.'

It's a nothing-is-empty theory that the 27-year-old jazz singer and songwriter thinks holds true in music. "Sometimes when you don't fill up by playing every note, the music is more beautiful and often has more value.'

Gardot says that for now she has every material thing

she needs.

"I am a practicalist," says the singer, who grew up in Philadelphia. "I have one jacket for the cold, one for the rain, shoes that are closed, shoes that are open. My essentials are a bit more than they would be on a desert island. But that's because I have to get ready for shows.'

Another bonus to not having a home is not having household chores.

"I definitely don't like to clean the house. The good thing about living in a hotel is that you go out and come back later and someone's cleaned your room.

Finding therapy in the kitchen.

Home sweet home. One thing Gardot misses about not having a home is cooking. She says that eating a macrobiotic, organic diet helped her body heal after an accident in 2003 - she was hit by a car whose driver shot through a red light — left her with brain and spinal injuries. "When I come off the road, the first thing I look for is a place to go where I can cook. I love to cook. It's the most therapeutic way to recover.'

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Five facts on J.K. Rowling's new book

The Casual Vacancy.

British author's first foray into adult fiction is expected to top the best-sellers list, despite her uncertainty



NED EHRBAR Metro World News in Hollywoo

Today marks the release of J.K. Rowling's The Casual Vacancy, her first book since the mega success of the Harry Potter franchise and her first foray into adult fiction. But details on the novel have been maddeningly hard to come by. Here's what we do know:

1. The plot is sprawling — and centres around death and politics

From what little information about the actual content of The Casual Vacancy that has been released, we know the story kicks off with the death of one Barry Fairbrother, a town council member in a seemingly perfect English village that's actually brimming with resentment and discord. The resulting election drama deals in class warfare, prostitution, heroin addiction and scandal — very un-Potter-like

2. Hardly anyone has read

As interviewer Decca Aitkenhead notes in her profile of Rowling for the Guardian, even the novel's publishers hadn't been allowed to read it at the time of her interview — and Aitkenhead had to sign a raft of nondisclosure forms just to get her hands on it.

3. She's not worried about bad reviews.

"I just needed to write this book. I like it a lot, I'm proud of it, and that counts for me,"

Quoted

"...If everyone says,
'Well, that's shockingly
bad — back to wizards
with you,' then obviously I won't be throwing a
party. But I will live."

.K Rowling

Rowling tells the Guardian. But still: "The worst that can happen is that everyone says, 'Well, that was dreadful, she should have stuck to writing for kids,' and I can take that. SO, yeah. I'll put it out there, and if everyone says, 'Well, that's shockingly bad — back to wizards with you,' then obviously I won't be throwing a party. But I will live."

4. She doesn't look back on her teen years fond-

Despite making a fortune chronicling a fantastical adolescence, Rowling didn't quite enjoyher youth — spent in an area very much like the fictitious town featured in The Casual Vacancy. In fact, she based the troubled teens featured in the novel on her own experiences and friends. "This





was very much me vividly remembering what it was like to be a teenager, and it wasn't a particularly happy time in my life," she tells the Guardian. "In fact, you couldn't give me anything to make me go back to being a teenager. Never. No, I hated it."

5. Shockingly, it's expected to sell well.

Before its release, The Casual Vacancy spent more than 80 days in the top 100 of Amazon.com's sales ranks, hovering near the top as this week drew closer, and the book has already received more than 1 million pre-orders in the U.K. British bookseller Waterstones expects The Causal Vacancy to be "the best-selling fiction title this year."

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metronews.ca
Thursday, September 27, 2012

Older, wiser No Doubt are not 16 anymore

Mom-rock. After 11 years away from the studio, the veteran band is back with Push and Shove

When the members of No Doubt got together again to make new music, something unexpected came with them: a bit of doubt.

It had been 11 years since they'd put out Rock Steady and their priorities had changed. Each of the four had gotten married and had kids, producing eight babies between them. Music was no longer the important thing in their lives.

Could they still make it work?

"That's pretty complicated stuff when you start to really look at it," 42-year-old lead singer and lyricist Gwen Stefani says. "You're playing this role your whole life — the singer of No Doubt — totally committed to this in the greatest kind of way, and then all of a sudden, you're saying,

Discograph

In 20 years, No Doubt has released just six studio albums, but have achieved tremendous success:

- No Doubt (1992) Sold 30,000 copies
- The Beacon Street Collection (1995) Sold 100,000 copies
- Tragic Kingdom (1995) Sold more than 16 million copies
- Return of Saturn (2000)
 Sold 1.4 million copies
- Rock Steady (2001) Sold in excess of 7 million copies
- Push and Shove (2012)
 Released Sept. 25, 2012

'Actually, you guys cannot be No. 1 anymore or else this is not going to work."

But the band has somehow made it work. They return this month with their first studio CD in over a decade — Push and Shove, which blends their signature mix of ska and British New Wave with lyrics that reveal some anguish at their new lives.

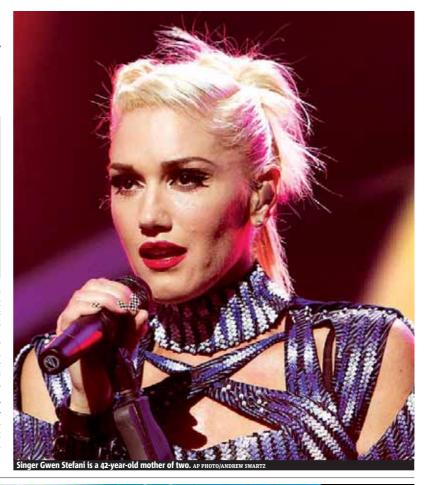
In an interview at a downtown recording studio, the bandmates reveal few outward signs that it's been 26 years since No Doubt formed.

"Sometimes in my mind

I still think I'm 16 onstage and my body tells me that I'm not 16 anymore," says Tony Kanal, the 42-year-old bassist, laughing. "For me, the goal was just to get the record finished. To get us all in the same room at the same time with the amount of kids we all have between us was a struggle."

But the band insists they just make the music they like, without an eye to the marketplace. "It's more about pleasing ourselves," Stefani says. "It's very selfish."

THE ASSOCIATED PRESS





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AND headliners: Campus Thieves.

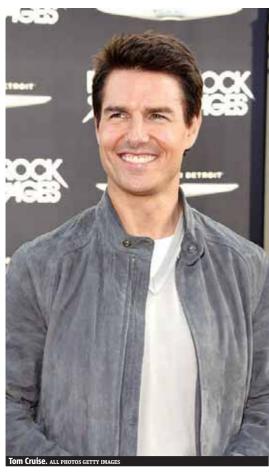




Photographs: YOUCAN Staff Ian Goodge and Richard.

Thank you to all volunteers, performers, crew, staff and all the Edmontonians who came out and supported the event.





Tom Cruise struggling with divorce

Tom Cruise is reportedly struggling with the stress of a busy work schedule that's keeping him in London and his daughter, Suri, living with soon-to-be ex-wife Katie Holmes in New York.

"I've got to see her," an emotional Cruise reportedly told a friend recently, according to People magazine. "I miss her."

Cruise last spent time with his 6-year-old daughter on August 5, and a mid-September trip to London for the girl was reportedly called off.

Still, despite the struggle

0....

"I've got to see her. I miss her."

Tom Cruise Talking about his daughter.

for face-time, the actor is still keeping his daughter as

"I can tell you that I haven't had a meeting with Tom that was not interrupted by a phone call with his daughter," his friend, screenwriter Christopher McQuarrie said.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Reality television plots not real; sky still blue



THE WORD
Dorothy Robinson scene@metronews.ca

The new issue of Us Weekly has a very entertaining cover story on how Bachelorette stars Emily Maynard and Jef Holm are faking their engagement.

I know, I know, It's hard to believe that two fame junkies pretended to be together on a rigged reality TV show to gain attention, but stay with me here

but stay with me here.
Apparently, Holm's former girlfriend and current hook-up buddy (whom he was dating when he went on The Bachelorette) went

into tell-all mode to Us Weekly. The ex, Kaylee Shep-

herd, says that Holm revealed to her that he and Maynard are faking it. In August, a texting scandal hit — Maynard was caught sexting with another man, which Us Weekly, the Woodward and Bernstein of tabloids, uncovered.

Maynard, desperate to preserve her good girl image, hatched a plan to pay off Holm with half of her Bachelorette money.

"Jef said their relationship isn't what it seems. It's all basically for TV," Shepherd tells Us.

It's all basically for TV? You don't say. Next thing you know, you'll be telling me some actors and actresses get plastic surgery and take too many prescription drugs in order to fill the dark void that being famous created. Stop ruining my happy place, Us Weekly.



Pattinson moving back in with Stewart

It looks like the reconciliation between Kristen Stewart and Robert Pattinson is complete, as Pattinson has reportedly moved back into the Los Angeles home they share, according to Us Weekly.

"They are living together and have reconciled," a

source says, explaining that the pair recently "had a dramatic make-up."

But their relationship may still be on shaky ground in the wake of Stewart's cheating scandal, as the source says Pattinson "is extra-sensitive now. He's insecure."

witter



@kerrywashingtonI met a very cute lizard today that needs a name. Suggestions?





@chelseahandler

I'm done with juice cleanses. I'm ditching gluten and dairy because apparently, I'm allergic to all things that give pleasure



@SethMacFarlane

Hey 30-year-old skating to work on a longboard: the world is sadder than you seem to realize. We had a 9/11 and everything.



@Joan_Rivers

Hillary Clinton is furious that Monica Lewinsky will earn millions for a book about sex with Bill because she's had to do it for free.









STYLE

Mamma mia, Milan!

Drawing inspiration from Art Nouveau, vintage cinema, the streets of Sicily and the '60s. designers who debuted their wears at Milan Fashion Week made us pine for a sparkling spring to come

TAMU MCPHERSON



inspiration from a patchwork of two films, namely Casino and Two for the Road. The result: everything went min-imal from geometric lines to strong graphic elements. For colour, the brand references its iconic black-and-white combo and for brights pays homage to the colourful textiles of Ken Scott, a textile designer who lived in Italy for many years. There was a nod to the '60s too, with dress coats, cutout dresses, cropped trouser suits, trompe l'oeil shirt



Versace

Donatella Versace showed a collection of strong tailoring and lingerie dressing in a colour palette of black, orange, blue, turquoise and nude. Classic menswear-inspired blazers were softened to a relaxed fit and adorned with lace inserts and cutouts. Slip dresses in crushed silk or tie-dye came slashed and held together with crisscross lacing, which also appeared on ultracool skinny trousers. For evening, sweeping chiffon gowns embellished with silver and gold fringing will surely sizzle on the red carpets.

Dolce & Gabbana

Have you ever been to Taormina in Sicily? No? Well, let Dolce & Gabbana take you there with their fun and colourful Spring 2013 collection. The duo took the audience from the Sicilian street theaters: wheelbarrows, elaborate wheels and Caltagirone ceramic heads to sun-drenched beaches with trendy beach umbrella and sunbed-style stripe pieces arriving in organza, rough, printed cotton, gold brocade and even Sicilian basket-esque raffia skirts and bustiers.



Giorgio Armani

Luminous and optimistic: the opening silk pearl-grey looks, all shown with trousers (wide and straight leg), arrived as a cloud's metaphorical silver lining. White shorts styled with soft-fitted jackets are unexpected but are nevertheless a special touch to this dressy collection. How-ever, it was the evening wear that was gushingly beautiful with sparkly sequin beaded palazzo pants, shifts, jumpsuits, long-skirts, suits and dresses, to name but a

Roberto Cavalli Roberto Cavalli's

strong references to swirly Art Nouveau prints could be read as a homage to female beauty. The impressive all-white opening — which included a short sleeve crocodile jacket, embroidered lace tunic, draped fringe pants, a crisply tailored jacket and trousers — was the perfect primer for the decadently intricate collection that followed. The silhouettes were sophisticated, clean, elongated, flowy and, as is customary with Cavalli, tastefully racy.

Brad makes his Canadian Mark

On the web



Goreski gets to Work.

Rachel Zoe's protege ventures out on his own and finds a fashionable fit in his homeland

ELIZABETH BEDDALL

He's made his Hollywood rounds as a stylist to starlets Jessica Alba, Čameron Diaz, Demi Moore and Kim Kardashian, but we're happy to have Brad Goreski return to his Canadian roots. The star of Bravo reality show It's a Brad Brad World is helping to lend some of his signature pizzazz to a line once known primarily for its practicality.

How did your collabora-tion with Mark's (formerly Mark's Work Wearhouse) come about?

Mark's came to me. I really like to choose to work with people that make sense for me. And this really feels right. To work with such an iconic Canadian brand, especially one that's changing so much and evolving with their



customer, it felt right.

Do you think Canadians have influenced the style of our southern neighbours in anv wav?

I feel like Canadian style has seeped into American cul-ture, especially into the west coast. And what I mean by that is the amount of flannel, the amount of denim-ondenim... I used to get made fun of all the time for wearing it and now it's one of the huge trends. There are a lot of similarities — there's a laid back chicness to both. I think comfort is always key. Definitely in L.A. All of my clients ask me when I tell them to try on a pair of heels, 'are they going to be com-fortable?' and I'm like 'no, they're high heels, they have

What's one 'must-have' and one 'must-get-rid-of' in the closet of every man?

I think every guy should have a denim shirt. I think they're so versatile for both men and women. One thing that I would like to see go away are — it's a toss up between — ... a whole outfit. First, the really wide, open, deep V T-shirt. I don't care how good your chest is, it doesn't matter. And then also wildly embellished jeans for

And last but not least, how many bow ties do you own? Probably around 150

HOME

Stay cosy and frugal this season

Warm trends for fall.

You don't have to be a Rockefeller to add a bit of autumn luxury to your home



Let's welcome fall this week without the pressures of spending lavish amounts of money on decorating.

I'm not quite ready for the cold weather so we'll add a few affordable touches of warmth around the house to help take the fall chill off.

Sometimes it's the simple pleasures that can get us through these seasonal changes, so let's save some money, because next week, it's all about the luxurious trends for winter decorating



In the bath

Step out of the shower to a soft and cozy Plush Pile Bath Rug made of pure cotton. Over 25 colours to choose (Shore shown) assures a designer match in the bathroom. From \$45, RestorationHardware.

In the den

Treat your feet to a chunky footrest woven from recycled fabric remnants cover the Recycled Pouf. \$99, CB2.com.



Create warmth outside on the terrace with a lightweight and portable Table-top Pedestal Propane Heater. Operates on a one-pound propane tank and has a commercialgrade stainless burner, \$130. Sears.ca



At the bed

Reminiscent of a 1940s bed jacket, Barbara Barry's pale blue Crescent Moon Ouilt is a luxurious quilted layering piece with a silk look that adds a touch of glamour to a hotel-inspired bedroom. \$200/queen, TheBay.com.



At the desk

Keep your bevies warm while working or computer surfing with Salton's Electrical Mug Warmer. A white and simple design that blends with the modern desktop accessories. \$16, HomeĤardware ca.



Clean your own carpet like a pro



r more, visi

What is the best carpet stain remover that I can buy? I live on a farm, and having a professional come clean my carpet would be very expensive.

Dear Carpet Cleaner,

I personally do not believe in general carpet-cleaning products. What often happens is that if you actually have the right cleaner for the right stain, the cleaned area becomes bright and the remaining carpet stays dirty. When a professional cleans your carpet, first they treat the stain, then they traditionally clean the entire carpet area. This is the secret to avoiding discolouration.

What I have tried is a small hand-held carpet cleaner and at first I was convinced I would hate it. Yet, I soon fell in love! What I use most often is the suction part of the appliance as soon as the spill occurs, then get the excess liquid out very fast. This has worked a

few tougher stains with mud and dirt, I followed up with the cleaning formula and it worked like a charm. But be careful; you don't need to run out and buy the biggest, most expensive one. In fact a small hand held is all I think anyone has room for, and easy enough to use on furniture, and carpets. Good Luck!





metr⊕

Make your basement an inviting area

Untapped treasures.

Subterranean spaces often get ignored in decor — jazz them up!

It's easy to find advice on decorating nearly every inch of your

Kitchens, living rooms, bedrooms, baths — even mudrooms and closets get

attention. But the lowly basement gets short shrift.

These spaces present a host of decorating challenges, from low ceilings and limited natural light to never-ending battles with dampness and even flood-

ing.
Kathryn Bechen, author of the new Small Space Organizing (Revell Books), first basement decorating while living in a tiny basement apartment. Years later, she preaches the same decorating techniques that helped make her underground rental into a cosy home: Decide exactly how you'll use your basement, and then either embrace its dark coziness or use colour, texture and the right furnishings to bring the illusion of bright, open space.

She and interior designers Brian Patrick Flynn, founder of decordemon.com, and Kyle Schuneman, an expert on

decorating small spaces, offer advice on making basements beautiful.

Lighten up or embrace the dark

"Since there's usually a major lack of natural light in basements," Flynn says, "inject light by using muted colour and tons of white. What I often do is stick with muted greys on the walls, then use ultra-white on ceilings to help bounce light

throughout the space. But to make it more punchy, I toss in a super-saturated accent colour such as fire-engine red, grassy green or orange.'

Using plenty of floor and table lamps will also help, and Bechen says the old advice about mirrors shouldn't be ignored: Strategically placing a mirror opposite even a tiny basement window will help maximize light.

Go bold

All three designers believe basements are perfect spots for bold decorating. Experiment with colours you don't normally use or indulge in theme decorating that might feel like overkill if you did it throughout your

Basements are perfect "for having a retro moment," Schuneman says, since many of them feature vintage wood paneling and decorative touches that have been in place for decades. You're not creating a stage set, he says. But if there are vintage pieces already in your basement, why not amplify that look rather than removing it?

Change the ceiling"Many basements have dropdown ceilings, which are definitely practical since it makes for easy access to plumbing and electrical," Flynn says. But inexpensive drop-down tiles are often unattractive and look cheap. "I usually recommend high-end ceiling tiles with architectural detail. They're double or triple the price of basic drop ceiling tiles, but they give a much more sophisticated look. Plus, you can install them yourself."

Warm up the floor

First, choose materials that can handle moisture.

Even basements that don't normally flood can still have a buildup of moisture. Schuneman recommends laminate flooring or vinvl floor tiles for durability and for style: Thanks to improved technology, he says, "there's some really rad stuff out there."

Bechen recommends cork flooring, which is durable, warm and soft underfoot. And Flynn recommends FLOR carpet tiles. "You can install them yourself," he says, "plus they can come up if the floor gets wet, then you can take them outside and dry them in the

Organic elements

"Basements don't have to be all concrete and plastic," Flynn says. "I like to incorporate organic elements wherever possible, such as sisal on a stairwell. The rough texture is great for traction, and it creates more of an inviting, residential feeling upon entry to a basement."

Along with using organic materials, Bechen suggests bringing in plants.

THE ASSOCIATED PRESS

If you decide not to invest in new windows, you can increase the energy efficiency of your existing ones: "Storm windows are certainly a good idea," Selzer said.

· Insulating draperies or other window treatments also can help increase comfort. "They're so much more tailored and thinner than they used to be," she said.



ent with plenty of muted greys and white colour



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www.kohltech.com

Easy ways to give your garage a tune-up

Untapped treasures.

Handy household items are probably buried in your garage somewhere, so clean it up and you'll avoid re-buying items and tripping on that sharp chainsaw

For many families, the end of summer means it's time to put away the inflatable kiddie pools, camping equipment and gardening tools for the season.

If you plan to shove this gear into arbitrary piles around the edge of the garage, you're not alone. But a messy garage is not just unsightly, it can cost you money

money.

People with cluttered garages tend to waste time searching for misplaced items and end up re-buying things they already own, says Erica Ecker, a professional organizer in New York City. They also risk injury. Garages often hold hedge trimmers, toxic chemicals and other dangerous items alongside children's scooters and bikes.

An overstuffed garage puts your vehicles at risk, too. When the car door can't swing open without hitting a wheelbarrow or workbench, it gets dented and dinged.

Monica Ricci, a professional organizer who makes appearances on the HGTV show Mission: Organization, says that in many homes, garages are so filled with clutter they stop serving their main purpose.

Whether your garage is slightly disheveled or looks more like an overstuffed stor-

age unit, now is an ideal time to give it a tune-up:

Prepare

Tackling a junk-filled garage is physically demanding. Ecker advises pacing yourself and setting a schedule in advance. Consider renting an outdoor storage container so your belongings aren't sitting in the driveway or in the house for a month while you finish reorganizing the garage. Enlist help. If you can't afford a professional organizer, recruit relatives or offer to swap labour with a friend who is planning a similar household project. An assistant can help you move heavy objects, keep you motivated and ask objective questions ("Do you really use that?"), says Ellen Kutner, who runs the company Simply Organized in Poughkeepsie, N.Y.

Empty and sort

Empty the contents of the garage out into the driveway and begin sorting it into piles, grouping like things together. Categories will vary by household, but you may start with Sporting Equipment, Tools, Hardware, Car Care, Lawn Care, Seasonal, Toys and Household Goods.

Purge

The next step is the most important. First, toss anything broken or expired. Return borrowed items to their owners. If you own multiples of something, donate the duplicates or sell them. Analyze how often things get used. "Too often the garage can be like a time capsule," Ricci says. Are you storing camping equipment from when your college-age kids



were Cub Scouts? Time to get rid of it.

Build upward

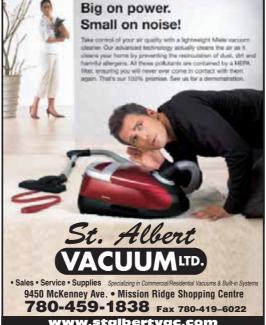
Look at what's left and figure out where it will live in the garage, placing the most frequently used stuff in the most accessible locations. Install shelving to add vertical storage and get things off the floor. Clear bins are best so you can see what's inside. Ecker recommends the ELFA system sold by The Con-

tainer Store, saying it's easy to install and adjust. If you're feeling less ambitious, the snaptogether plastic shelves sold at any big-box store work fine.

Label everything

Label containers using a Sharpie or other permanent method. Be sure to label the container, not the shelf, so when bins get moved, items are still put in the correct place, Long says. THE ASSOCIATED PRESS







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CHANGING FACE OF NEW HOMES

My wife and I just bought a new home. "Yeah, yeah, sure, sure," you're saying. As a new home industry insider, you probably got some kind of sweetheart deal.

As it turns out, no, I didn't get a special deal. I got the same deal that everyone else normally gets when they buy from a reputable member of the Canadian Home Builders' Association — Edmonton Region; an affordable, well-built home incorporating the latest in home technology that the industry has to offer. It's a modestly-priced townhouse that reflects the changing needs of our two-person household.

Our new home is a reflection of our builder's commitment to excellence to both us and to the community. In this day and age, the relationship you experience with your builder is as important after the purchase as it is before.

Communities today are much more a reflection of the lifestyles and family structures of those who live in them. The traditional family of mom, dad, two kids and a dog has given way to professional couples, many deferring children until later in life, single-parent households, older couples, some working, some not, who want to remain within a multigenerational neighbourhood, and a host of other combinations that we are all familiar with.

As our country welcomes immigrants from around the world and they choose Edmonton as a place to call home, their residential needs are often a reflection of the culture they are familiar with, whether that be multi-generational households, or homes that can offer shelter to extended



family members also coming to Canada to take advantage of our great country. As one of our larger builders notes, nearly 50 per cent of the homes they build today cater to "non-traditional" families.

As an industry, the new-home business has had to respond to this changing marketplace and create communities and homes that not only accommodate the needs of the first owners, but are versatile enough to be attractive to those who may purchase the home in the years ahead.

On top of the wide variety of family structures the industry is accommodating, our membership is experiencing a number of social pressures that demand attention. The new home of today, as a standard, offers high-efficiency heating and hot water systems, improved insulation quality and building envelope, low-flow toilets and shower heads, engineered floor joists, and better windows than those we grew up with. On top of all of this, the new home is safer and more fire-resistant than it has ever been. And because all of these features have become industry standards without the need for legislation, the homebuyer will say that builders are

simply responding to the Alberta Building Code. However, it should be remembered that the building code simply stipulates the minimum standard that must be met. All CHBA-ER builders and renovators build to a standard that exceeds the code and, in most cases, by a significant

This year, Edmonton's new home industry will produce more than 11,000 new homes in the Capital Region. While this figure seems like a large number, it reflects only two per cent of Edmonton's housing inventory. That notwithstanding, all of those homes will be occupied by either new arrivals in our city or existing residents seeking a change to suit their lifestyle. Each brings their hope and expectations with them about the kind of home they are seeking. To meet those needs and expectations, our industry works closely with the municipal leadership in all of the communities within our region. In conjunction with the other part of the new home industry equation, the Urban Development Institute, representing the land developers, CHBA-ER strives to be a contributing partner in the evolution of our communities into dynamic, imaginative places that reflect the mosaic of our urban culture.

So, whether you are looking for a new home or only thinking about one, visit one of our builders' many show homes throughout Edmonton and region, or look for them online at chbaedmonton.ca.

You won't be disappointed.

Tim Howard, executive officer, Canadian Home Builders' Association — Edmonton Region



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ping centres, transit, and comes in at an affordable price.

"All the amenities are within a very short distance," says Marcel Podlosky, sales manager at Urban Landmark.

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Whether you are a first-time homebuyer, young professional, newly wed, or looking to downsize, there is a new home waiting for you at Aspen Mead-

"Buyers range the full spectrum,"



says Podlosky. "We have something for all demographics in our building."

The four-storey walk-up homes in Aspen Meadows 5, will be on the market soon, with Phase 6 in development soon to follow.

These new condos feature granite countertops and hardwood floors and most of the units come with underground heated parking.

New to Aspen Meadows 5, buyers will enjoy nine-foot ceilings on the fourth floor, unlike the lower ceilings in the previous Aspen Meadows homes.

Condos are also outfitted with Whirlpool stainless steel packages, with washer, dryer, fridge, flat-top electric range, dishwasher and microwave.

Other features include video surveillance at the main entrance and in the parkade, with all feed viewable from ensuite television, an event room, fitness room, and many more.

For more about Aspen Meadows, visit landmarkgroup.ca

ADDING VALUE TO YOUR HOME

Get the most out of the money you spend on renovations with a few easy remodelling tips from Sally Morse, director of creative services for window fashions company Hunter Douglas:

AN UPDATED KITCHEN — Gone are the days of the purely utilitarian kitchen. Today, kitchens require a balance between functionality and personal style. Invest in a new kitchen table that is both serviceable and aesthetically pleasing. Also, more families are doing away with the tradition of having a separate dining room by joining the two rooms. That way you get added space and value in the room that you are using more often.

STORAGE SPACE — A stuffy old attic or basement that hasn't been cleaned out in years is a waste of valuable space. Start by clearing out your storage areas and organizing their contents. Uncluttering your home will instantly make it look bigger and cleaner.

MODERN BATHROOMS — Just by making a few changes in your bathroom you can create a more attractive and comfortable space, as well as increase the value of your home significantly. Updating simple fixtures such as your faucet and sink, or adding in a bath, can give any outdated bathroom new - News Canada





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WITH BROOKFIELD HOMES

Brookfield Homes has been building quality, affordable residences in south and west Edmonton for some 10 years, operating with a simple, guiding principle — to provide buyers with value-packed homes in communities in which they want to live. The company sells its Mosaic townhome in Parkland, Terwillegar Towne and Lake Summerside, and Axio duplexes in The Orchards, Lake Summerside and Chappelle Gardens.

The Mosaic townhome condominium, ranging from 700 square feet to 1,388 square feet, offers maintenance-free living for busy people who don't want yard work and who don't have to worry about leaving on a lengthy vacation. These homes come with an attached two-car garage, front fenced yard complete with patio, two to three bedrooms and prices in the mid \$200,000's.

"Our Brookfield Mosaic townhomes and Axio duplexes offer amazing value. We're very selective on the materials and finishings we build our homes with — we strive to provide quality that our buyers value," said Jennifer Smith, marketing manager of Brookfield Homes.

From young families to those just starting out with home ownership, and even people who are downsizing, Axio duplexes have two to three bedrooms, a choice of a front attached garage or rear parking and a landscaped front yard. The new Cadenza model in Lake Summerside is a 1,700-square-foot, split level home furnished with all the latest modern specifications: Three-quarter inch graphite hardwood floors, quartz countertops and ceiling-height, slatecoloured oak kitchen cabinets.

"People have got to come see this show home.," said Smith. "Its design is truly one-of-a-kind in Edmonton and offers incredible value — perfect for young families or even downsizers who don't want to compromise on space.

Homes in Brookfield Communities all offer desired amenities and, in the case of Lake Summerside, a access to Edmonton's only recreational lake. Homeowners here can boat or swim on the private lake - it even has a Zambonicleared ice rink in the winter.

ROHIT GROUP UNVEILS STARLING AT BIG LAKE

DEVELOPMENT ADJACENT TO LOIS HOLE, BIG LAKE

Rohit Group of Companies can be understandably proud of where it began, as well as where it's headed. Starting modestly in 1986 as a home builder, Rohit has grown into a diversified organization with complementary interests in residential and land development, today owning more than 1,000 acres of land.

Rohit is an award-winning company on the local, provincial and national level. Its latest flagship development is the newest neighbourhood in Northwest Edmonton adjacent to Big Lake and the Lois Hole Provincial Park — aptly named Starling at Big Lake.

Starling features some of Edmonton's premier builders including Rohit Communities, Kirkland Homes, Green Living Homes and Celebration Homes, providing buyers with a diverse mix of housing

ALL ABOUT THE PROJECT

- Rohit Group of Companies is a leading residential developer in Edmonton and Fort McMurray.
- Starling at Big Lake is a unique new neighbourhood in Northwest Edmonton that utilizes low-impact development initiatives and offers balanced living to home buyers.

options. Starling is projected to have upwards of 600 homes when completed, and is less than five minutes from St. Albert and even closer to the garden mecca at The Enjoy Centre. Starling at Big Lake is also convenient to all Edmonton has to offer thanks to its proximity to Anthony Henday Drive.

Luciano Salvador, senior project manager of Rohit Land Development, said Starling at Big Lake boasts rolling topography, great views and extensive green



space that is within 200 metres of every home, including many trails and access to Lois Hole Provincial Park.

There is truly something for everyone out here from walk-out and pond-backing ravine lots to duplexes with rear-lane access, all situated near a 12-acre pond, natural area and green space, providing

the amenities and convenience buyers are looking for. The grand opening of the six spectacular show homes, including single family and duplexes, is Saturday, Oct. 6. There will be prizes, fall-themed treats and a full farmers' market. Show homes are located at 137 Avenue and Ray Gibbon Drive.



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metronews.ca Thursday, September 27, 2012 metr⊕

Lemon Cornmeal Cookies: Pleasant change from traditional sweetness



shaped cookies are a delicious change of pace from traditional sweet cookies," write the The Canadian Living Test Kitchen chefs in 150 Essential Whole Grains. "The cornmeal gives them a pleasant crunch that goes well with a cup of tea. Dust them with icing sugar, if desired."

- 1. In large bowl, whisk flour with cornmeal; using pastry blender or 2 knives, cut in butter until crumbly.
- 2. Beat together egg yolks, brown sugar and vanilla until thickened, about 5 minutes. Scrape over flour mixture. Add lemon zest: beat at medium speed just until blended. (Dough will be stiff.)
- 3. On work surface and working with 1/4 cup batter at a time, roll and shape into 15inch (38 cm) long ropes. Cut into 3-inch (8 cm) lengths; bend into S shapes. Place, 1 inch (2.5 cm) apart, on parchment paper-lined rimless baking sheets. Refrigerate for 30 min-

- 1 1/3 cups all-purpose flour • 1 1/3 cups fine stone-ground cornmeal
- 1 cup cold butter, cubed
- 3 egg yolks
- 1 cup packed brown sugar
- 1 tsp vanilla
- 1 tsp grated lemon zest
- **4.** Bake in top and bottom thirds of 375 F (190 C) oven, rotating and switching pans halfway through, until golden, 10 to 12 minutes.
- **5.** Let cool on pans on racks for 3 minutes. Transfer cookies to racks; let cool. (Make-ahead: Layer between waxed paper in airtight container and store for up to 4 days or freeze for up to 1 month.)

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Cookbook of the Week

Decoding ultra healthy foods



With Canadian Living's 150 Essential Whole Grain Recipes, incorporating superfoods into your everyday menus is easy.

The book clears up the mystery of cooking with grains and offers recipes that make the most of these nutritional powerhouses.

Each of the six informative chapters of this full-colour book focuses on a whole grain group. Chapters include: Whole Grain Basics, Wheat, Spelt and Kamut; Brown Rice and Wild Rice, Buckwheat and Rye, Quinoa, Corn and Millet; and Barley and Oats.

Tucked into each chapter are helpful sidebars profiling specific grains as well as expert cooking advice **METRO**

Tangy. Wheat Berry, Corn and Red Pepper Salad

Ingredients

- 1 cup soft wheat berries
- 1 cup frozen corn kernels • 1 sweet red pepper, diced
- · 4 green onions, sliced
- 5 leaves fresh basil, finely shredded
- Smoked Paprika

- 3 tbsp white wine vinegar • 1 clove garlic, minced
- 1 tsp Dijon mustard
- 1/2 tsp smoked paprika
- 1/4 tsp each salt and pepper
- 3 tbsp vegetable oil
- "A tangy spiced vinaigrette gives this salad a touch of smokiness that complements the sweet corn and red pepper," write the The Canadian Living Test Kitchen chefs in 150 Essential Whole Grains.
- "Serve it with your favourite grilled or roasted pork dish."
- 1. Smoked Paprika Vinaigrette:

In large bowl, whisk together vinegar, garlic, mustard, paprika, salt and pepper; gradually whisk in oil. Set aside.

2. In saucepan of boiling salted water, cook wheat berries until tender, about 1 hour. Add corn; cook for 30 seconds. Drain and rinse under cold water; drain again and add to vinaigrette.



3. Add red pepper, green onions and basil; toss to combine. Cover and refrigerate for 1

hour. (Make-ahead: Refrigerate for up to 24 hours.)

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Yakupov's plan to play in KHL hits a hurdle



Suspended. NHL's No. 1 overall draft pick opted for illegal transfer to Russian club instead of returning to Oilers' CHL affiliate.

Nail Yakupov could be forced to return to the Ontario Hockey League if he wants to continue playing during the NHL lockout.

The flashy forward was suspended by the Russian-based KHL on Wednesday after it was revealed he didn't secure a transfer card to join Neftekhimik Nizhnekamsk. The International Ice Hockey Federation ruled he played illegally when he suited up for his hometown team in two games earlier this month, casting doubt over the immediate future of the NHL's

most recent No. 1 pick. At issue is who controls his playing rights.

Hockey Canada, which refused to sign off on Yakupov's transfer, and the Canadian Hockey League both believe he belongs with the Sarnia Sting. That issue was raised to the IIHF this week

during its general congress in Tokyo, according to CHL president David Branch.

Yakupov spent the last two seasons with the Sting and made a commitment for a third — provided he wasn't in the NHL — according to another source close to the situation.

Clearly, the player and his representatives don't agree.

Rather than reporting to Sarnia when the Edmonton Oilers assigned his rights to the junior club on Sept. 15, Yakupov boarded a plane for Russia. That came as little surprise since he had told reporters at the end of August the only reason he'd go to Sarnia this year was "just for a visit.

On Wednesday afternoon, Yakupov posted a message to his Twitter account in Russian that said he believes he'll be able to continue playing for his hometown team in the KHL and that "everything will be worked out in the near future."

Multiple phone calls by The Canadian Press to Yakupov's agent, Igor Larionov, and Sting general manager Jacques Beaulieu weren't immediately returned.

It appears the IIHF will

Yakupov's case is unique because the 18-year-old Russian was drafted as a North American-based

He signed an entry-level deal with the Oilers over the summer and those contracts include a clause that states junior-eligible players may only appear in the NHL or Canadian Hockey League.

ultimately end up having to make a ruling in the case. On Tuesday, the sport's governing body levied a fine of \$5,200 against the Russian hockey federation as punish-ment for allowing Yakupov to play in the KHL without proper documentation. It also warned of stiffer penal-ties for both the player and federation if it happened again.

The Russian federation has until Oct. 1 to form a response on the matter.

Yakupov was a dominant force during his time in the OHL, scoring 80 goals and 170 points in 107 career games for the Sting.

He was held without a point in his two games with Neftekhimik last week — appearances that caught the attention of administrators back in North America.

THE CANADIAN PRESS

"Some of us were a little surprised when Yakupov appeared in a couple of KHL games."

CHL president David Branch reacts to the news that the NHL's overall No. 1 pick was playing sia's KHL instead of with the Ontario Hockey League's Sarnia Sting



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McIlroy focused on fitting in with the team

Golf. 'This week, I'm not the No. 1 player in the world,' young star says ahead of Ryder Cup

Rory McIlroy has gone from being a rookie in the Ryder Cup to a marked man at Medinah.

McIlroy is the first European in nearly 20 years to go into the Ryder Cup as the No. 1 player in the world, although the star power of this 23-year-old from Northern Ireland is about more than a ranking. He's already won two majors, with a record score in the U.S. Open last year and a record margin at the PGA Championship last month.

His four wins this year

Field of dreams

Both teams look strong with all 24 players among the top 35 in the world.

are the most in the world, all against the strongest fields.

So it was no surprise when Jim Furyk referred to Boy Wonder as the "present-day Tiger Woods" and a "marked man" at this Ryder Cup. That's the role Woods played for years in these matches when he dominated golf. There was a feeling among Europeans that beating Woods was worth more than one point because of the emotional lift it gave the rest of the team

The NFL and the referees'

union reached a tentative con-

tract agreement at midnight

Thursday, ending an impasse that began in June when the league locked out the officials

and used replacements instead.

"Our officials will be back on the field starting tomorrow night" for the Cleveland-

Baltimore game, commissioner

Roger Goodell said. "We appre-

ciate the commitment of the NFLRA in working through the

issues to reach this important

McIlroy doesn't see it that way. "This week I'm not the No. 1 player in the world," he said Wednesday. "I'm one person in a 12-man team, and that's it. It's a team effort. There's 12 guys all striving toward the same goal. I'm just part of that."

But even in this team competition, it's easy to get wrapped up in a single star.

There's only one way to keep score in the Ryder Cup, though it's tempting to make individuals accountable. Even when Woods was at his best, he still could only deliver a maximum of five points if he played every match. He never came close, and didn't produce a winning record until his fifth Ryder Cup. THE ASSOCIATED PRESS

MLB

Orioles crush Jays to keep pace with Yankees

Chris Davis and Manny Machado each connected twice and the Baltimore Orioles tied a team record with seven home runs, routing Toronto 12-2 Wednesday night and staying within 1 1/2 games of the AL East lead.

The Orioles ended a two-game losing skid against the Blue Jays and remained close to the division-leading New York Yankees, who won 8-2 in Minnesota.

With Goodell at the table, the sides concluded two days of talks with the announcement of a tentative eight-year

agreement."

deal, which must be ratified by 51 per cent of the union's 121 members. They plan to vote Friday.

NFL. League and referees reach tentative agreement

Friday.

"Our board of directors has unanimously approved taking this proposed CBA to the membership for a ratification vote," said Scott Green, president of the NFLRA. "We are glad to be getting back on the field for this week's games."

The replacements worked the first three weeks of games. After a missed call cost the Green Bay Packers a win on a chaotic final play at Seattle on Monday night, the two sides really got serious.

THE ASSOCIATED PRESS



MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION	NC				
	W	L	Pct	GB	WC
New York	90	65	.581	Ñ	Ñ
Baltimore	89	67	.571	11/2	Ñ
Tampa Bay	85	70	.548	5	3
Boston	69	87	.442	211/2	191/2
Toronto	68	87	.439	22	20
CENTRAL DIV	/ISION				
	W	L	Pct	GB	WC
Detroit	83	72	.535	Ñ	Ñ
Chicago	82	73	.529	1	6
Kansas City	70	85	.452	13	18
Cleveland	65	91	.417	181/2	231/2
Minnesota	65	91	.417	181/2	231/2

MEST DIVISION					
	W	L	Pct	GB	WC
Texas	91	64	.587	Ñ	Ñ
Oakland	88	67	.568	3	Ñ
Los Angeles	85	69	.552	51/2	21/2
Seattle	72	82	.468	181/2	151/2

Wednesday's results N.Y. Yankees 8 Minnesota 2

Detroit 5 Kansas City 4 Baltimore 12 Toronto 2 Tampa Bay 4 Boston 2 Oakland 9 Texas 3

Cleveland 6 Chicago White Sox 4 Seattle at L.A. Angels

Tuesday's results

Toronto 4 Baltimore 0 Cleveland 4 Chicago White Sox 3 Detroit 2 Kansas City 0 Tampa Bay 5 Boston Oakland 3 Texas 2 (10 innings) Minnesota 5 N.Y. Yankees 4 L.A. Angels 5 Seattle 4

Thursday's games

All Times Eastern Kansas City (Mendoza 8-9) at Detroit (Fister 10-9), 1:05 p.m Oakland (Blackley 5-3) at Texas (M.Harrison 17-10), 2:05 p.m.

Seattle (Iwakuma 7-5) at L.A. Angels (Haren 12-11), 3:35 p.m. N.Y. Yankees (Nova 12-7) at Toronto (Mor-

row 8-7), 7:07 p.m.
Tampa Bay (Shields 15-9) at Chicago White Sox (Peavy 11-12), 8:10 p.m

AL LEADERS

AL LLADENS					
	G	AB	R	Н	Pct
Cabrera Det	153	593	106	195	.32
Trout LAA	131	527	124	171	.32
Mauer Min	140	526	79	170	.32
Jeter NYY	151	651	96	208	.32
Butler KC	153	585	67	184	.31
Beltre Tex	148	574	92	181	.31
Fielder Det	154	554	80	171	.30
Murphy Tex	140	435	60	134	.30
Hunter LAA	133	506	77	155	.30
Jackson Det	130	515	98	156	.30
HOME DIING - Ham	ilton T	ovac	. 12		

HOME RUNS — Hamilton, Texas, 43; Cabrera, Detroit, 42; Encarnacion, Toronto, 41; Dunn, Chicago, 41; Granderson, New York, 40; Willingham, Minnesota, 35; Beltre, Texas, 35; Jones, Baltimore, 32; Trumbo, Los Angeles, 31: Puiols, Los Angeles, 30 PITCHING — Weaver, Los Angeles, 19-4; Price, Tampa Bay, 19-5; Harrison, Texas, 17 10; Sale, Chicago, 17-7; Verlander, Detroit, 16-8; Darvish, Texas, 16-9; Scherzer, Detroit, 16-7; Hughes, New York, 16-13; Shields,

Tampa Bay, 15-9; Greinke, Los Angeles, 15-5 Not including Wednesday's games

NATIONAL LEAGUE

EAST DIVISION					
	W	L	Pct	GB	WC
z-Washington	94	61	.606	Ñ	Ñ
z-Atlanta	90	65	.581	4	Ñ
Philadelphia	78	77	.503	16	51/2
New York	71	84	.458	23	121/2
Miami	66	89	.426	28	171/2
CENTRAL DIVIS	ION				
x-Cincinnati	93	62	.600	Ñ	Ñ
St. Louis	84	72	.538	91/2	Ñ
Milwaukee	80	75	.516	13	31/2
Pittsburgh	76	79	.490	17	71/2
Chicago	59	95	.383	331/2	24
Houston	51	105	.327	421/2	33
WEST DIVISION					
x-San Francisco	89	65	.578	Ñ	Ñ

WEST DIVISION	V								
x-San Francisco	89	65	.578	Ñ	Ñ				
Los Angeles	80	75	.516	91/2	31/2				
Arizona	78	76	.506	11	5				
San Diego	74	81	.477	151/2	91/2				
Colorado	60	94	.390	29	23				
z-clinched playoff berth; x-clinched division									

Wednesday's results L.A. Dodgers 8 San Diego 2 Washington 8 Philadelphia 4 Atlanta 3 Miami 0 Milwaukee 8 Cincinnati 1 N.Y. Mets 6 Pittsburgh 0 Houston 2 St. Louis 0

Chicago Cubs at Colorado Tuesday's results

Philadelphia 6 Washington 3 Atlanta 4 Miami 3 Cincinnati 4 Milwaukee 2 Pittsburgh 10 N.Y. Mets 6 St. Louis 4 Houston 0 Colorado 10 Chicago Cubs 5 (7 innings)

San Diego 2 L.A. Dodgers 1 Arizona 7 San Francisco 2 Thursday's games

All Times Eastern Milwaukee (W.Peralta 2-1) at Cincinnati (Latos 13-4), 12:35 p.m Pittsburgh (Correia 11-10) at N.Y. Mets (Dickey 19-6), 1:10 p.m.

Chicago Cubs (Volstad 3-10) at Colorado (Chacin 2-5), 3:10 p.m. Arizona (Corbin 6-7) at San Francisco (Zito

Washington (G.Gonzalez 20-8) at Philadelphia (Cloyd 2-1), 7:05 p.m. Miami (Ja.Turner 1-3) at Atlanta (Hanson 12-9), 7:10 p.m.

L.A. Dodgers (Capuano 11-11) at San Diego (C.Kelly 2-2), 10:05 p.m.

NL LEADERS

	G	AB	R	Н	Pct.
Cabrera SF	113	459	84	159	.346
McCutchen Pit	149	565	106	190	.336
Posey SF	141	505	74	168	.333
Nolina STL	132	484	61	156	.322
Braun Mil	146	567	101	180	.317
Craig STL	113	443	74	137	.309
Wright NYM	149	556	88	170	.306
Scutaro SF	149	596	82	181	.304
Prado Atl	149	595	78	181	.304
Hill Ari	148	574	86	174	.303
HOME RUNS — Bra	un, Milw	auk	ee, 4	0; B	ruce,
Cincinnati, 34; Stan	ton, Mia	mi, 3	34; L	aroc	he,
Washington, 32; So	riano, Ch	icag	0, 3	1.	
PITCHING — Gonzale	ez, Wash	ingt	on, 2	20-8;	
Cueto, Cincinnati, 19	-9; Dicke	y, N	ew \	rork,	19-
6; Lynn, St. Louis, 17	7-7; Lohs	e, St	. Lo	uis, 1	L6-3.

ODIOLEC 12 DILLE LAVE 2

OKIULE	2	Z	, Ι	SL	UE JAYS .	_			
Toronto	ab	r	h	bi	Baltimore	ab	r	h	bi
Lawrie 3b	4	0	0	0	McLouth If	4	2	2	1
Rasmus cf	3	0	0	0	Hoes ph-If	1	0	0	0
McCoy ph-If	1	0	0	0	Hardy ss	3	2	2	0
Encarnacion d	h 4	1	1	1	Quintanilla p	h-ss1	0	0	0
Escobar ss	3	0	0	0	Davis rf	4	2	2	5
Hechavarria p	h 1	0	1	0	Chavez rf	0	0	0	0
Lind 1b	4	0	3	0	Jones cf	4	0	1	0
Davis rf	3	0	0	0	Avery cf	0	0	0	0
Sierra ph	1		0	0	Wieters c	3	1	0	0
Vizquel 2b	3	0	0	0	Thome dh	4	1	1	1
Arencibia c	2	1	1	0	Reynolds 1b	4	2	1	2
Gose If-cf	3	0	1	1	Flaherty 2b	3	0	1	0
					Andino 2b	1	0	0	0
					Machado 3b	4	2	2	3
Totals	32	2	7	2	Totals	36			
Toronto					100	010	000	١ -	-2
Baltimore					100	052	22)	-	12
E—Lawrie	2. L	01	3-	-To	ronto 4, Balt	imor	e i	2.	
					nore 1 2R—				١

Arencibia (16). HR—McLouth (6); Davis (28); Thome (3); Reynolds (23); Machado (28); Thome (2), (6). Encarnacion (42).

Villanueva L, 7-7 Lyon Carreno Beck Gonzalez W, 8-4 Matusz

Hunter 1 2 0 0 0 WP — Villanueva. Umpires—Home, Tom Hallion; First, Brian O'Nora; Second, Chad Fairchild: Third, Alfonso Marquez T-2:47. A-26,513 (45,971) at Baltimore

CALENDAR

Oct. 5 - Postseason begins, wild-card playoffs

Oct. 6 — Division series begin.
Oct. 13 — League championship series Oct. 24 - World Series begins, city of

National League champion.

November TBA — Deadline for teams to make qualifying offers to their eligible former players who became free agents, fifth day after World Series November TBA — Deadline for free agents to accept qualifying offers, 12th day after

World Series. Nov. 7-9 — General managers meetings. Indian Wells, Calif.

HOCKEY

CHL

TOP 10 POLL

Second weekly top-10 poll for the 2012-13 season (previous ranking in parentheses): 1. (1) Quebec Remparts (QMJHL, 2-0-0-0) 2. (2) Edmonton Oil Kings (WHL, 2-0-0-0) 3. (3) London Knights (OHL, 2-0-0-0) 4. (5) Kitchener Rangers (OHL, 2-0-0-0) 5. (6) Halifax Mooseheads (OMJHL, 2-0-0-0) 6. (4) Portland Winterhawks (WHL, 2-1-0-0) 7. (8) Blainville-Boisbriand Armada (OM-JHL, 2-0-0-0) 8. (NR) Kamloops Blazers (WHL, 2-0-0-0)

9. (NR) Belleville Bulls (OHL, 2-0-0-0) 10. (NR) Calgary Hitmen (WHL, 2-0-0-0) Honourable Mentions

Rimouski Oceanic (QMJHL, 2-0-0-0); (10) Oshawa Generals (OHL, 1-1-0-0); (9) Saskatoon Blades (WHL, 1-1-0-0).

FOOTBALL

CFL

WEEK 13

EAST DIV	EAST DIVISION												
	GP	W	L	Т	PF	PA	P						
Montreal	12	8	4	0	332	337	1						
Toronto	12	6	6	0	288	311	1						
Hamilton	12	4	8	0	360	381	1						
Winnipeg	12	3	9	0	237	377							
MICCEDI	WEST DIVISION												

Winnipeg	12	3	9	0	237	377	6
WEST DIVI	SIO	N					
	GP	W	L	Т	PF	PA	Pt
B.C.	12	9	3	0	317	222	18
Calgary	12	7	5	0	337	287	14
Saskatchewan	12	6	6	0	314	259	12
Edmonton	12		7	Λ	26/	275	10

Friday's games All times Eastern

Montreal at Hamilton, 7 p.m. Edmonton at Calgary, 10 p.m. Saturday's games

Toronto at Winnipeg, 7 p.m. B.C. at Saskatchewan, 10 p.m.

SCORING LEADERS

	TD	C	FG	S	Pts
McCallum, BC	0	31	84	6	121
Whyte, Mtl	0	35	69	6	110
Palardy, Wpg	0	17	87	5	109
Paredes, Cal	0	31	66	1	98
Waters, Tor	0	13	63	4	80
Deangelis, Sas	0	14	51	1	66
Sheets, Sas	60	0	0	0	60
Milo, Sas	0	16	33	9	58
Whitaker, Mtl	54	0	0	0	54
Cornish, Cal	48	0	0	0	48
Lewis, Cal	42	1	0	0	44
Harris, BC	42	0	0	0	42
Walker, Ham	42	0	0	0	42
Dressler, Sas	42	0	0	0	42
Prefontaine, Tor	0	5	30	2	37
Matthews, Wpg	30	1	0	0	32
Anderson, Mtl	30	0	0	0	30
Owens, Tor	30	0	0	0	30
Kackert Tor	30	0	0	0	3(

Bruce, BC NFL

WEEK FOUR

Thursday's game All Times Eastern

Cleveland at Baltimore, 8:20 p.m Sunday's games

San Francisco at N.Y. Jets, 1 p.m. New England at Buffalo, 1 p.m. Tennessee at Houston, 1 p.m. San Diego at Kansas City, 1 p.m. Minnesota at Detroit, 1 p.m. Carolina at Atlanta, 1 n m Seattle at St. Louis, 1 p.m. Miami at Arizona, 4:05 p.m Cincinnati at Jacksonville, 4:05 p.m. Oakland at Denver, 4:05 p.m. New Orleans at Green Bay, 4:25 p.m. Washington at Tampa Bay, 4:25 p.m. N.Y. Giants at Philadelphia, 8:20 p.m.

Monday, October 1 Chicago at Dallas, 8:30 p.m.

CALENDAR

Oct. 16 — Fall league meeting, Chicago Oct. 16 — Trade deadline (4 p.m. EDT)

SOCCER

MLS

Friday's game All Times Eastern Chicago at Kansas City, 8:30 p.m.

CONCACAF

CHAMPIONS LEAGUE

FIRST ROUND Wednesday's results W Connection 1 Chivas 1 Marathon 2 Caledonia AIA 1

Alaiuelense 1 Real Esteli 0 Tuesday's results Aguila 0 Toronto 3 Herediano 2 Tauro 1 Monterrey 3 Municipal 0 Thursday's games

All Times Fastern Puerto Rico Islanders vs. Isidro Metapan, 8 p.m. FAS vs. Olimpia, 10 p.m.

ENGLAND

LEAGUE CUP THIRD ROUND

Wednesday's results Arsenal 6 Coventry 1 Carlisle 0 Tottenham 3 Manchester United 2 Newcastle 1 Norwich 1 Doncaster 0 Queens Park Rangers 2 Reading 3

West Bromwich Albion 1 Liverpool 2

SCOTLAND

LEAGUE CUP THIRD ROUND Wednesday's results Rangers 2 Motherwell 0 Dunfermline 0 Aberdeen 1

ITALY

SERIE A

Wednesday's results Pescara 1 Palermo 0 AC Milan 2 Cagliari 0 Catania 2 Atalanta 1 Chievo 0 Inter Milan 2 Genoa 1 Parma 1 Napoli 3 Lazio 0 Roma 1 Sampdoria 1 Torino 0 Udinese 0

GERMANY

BUNDESLIGA

Wednesday's results Borussia Moenchengladbach 2 Hamburger Stuttgart 0 Hoffenheim 3

Hannover 4 Nuremberg 1 Freiburg 1 Werder Bremen 2 Augsburg 1 Bayer Leverkusen 3

SPAIN

PRIMERA

Wednesday's result Real Betis 2 Atletico Madrid 4

TENNIS

ATP — THAILAND OPEN

At Bangkok Singles — First Round Ivo Karlovic, Croatia, def. Marinko Matos-evic, Australia, 6-3, 6-4. evic, Australia, 6-5, 6-4. Go Soeda, Japan, def. Danai Udomchoke, Thailand, 6-4, 7-5. Gael Monfils, France, def. Kevin Anderson,

South Africa, 6-4, 2-6, 7-5. Second Round

Janko Tipsarevic (1), Serbia, def. Hiroki Moriya, Japan, 6-4, 6-4.

Jarkko Nieminen (7), Finland, def. Philipp
Petzschner, Germany, 7-6 (1), 6-2.

MALAYSIAN OPEN

At Kuala Lumpur, Malaysia Singles — First Round

Feliciano Lopez (5), Spain, def. Lukas Lacko, Slovakia, 6-3, 7-6 (3). Denis Istomin, Uzbekistan, def. Pablo

Denis Istomin, Uzbekistan, def. Pablo Andujar (6), Spain, 6-3, 6-2. Alex Bogomolov, Jr., Russia, def. Dominic Inglot, Britain, 7-5, 6-3. Alejandro Falla, Colombia, def. Rajeev Ram, U.S., 7-6, 40, 4-2, retired, Nikolay Dayydenko, Russia, def. Sanam Singh, India, 7-5, 6-4. Second Round

Julien Benneteau (7), France, def. Mat-thew Ebden, Australia, 7-5, 6-2. Vasek Pospisil, Vancouver, def. Michael Yani, U.S., 6-3, 7-5.

WTA — PAN PACIFIC OPEN

WTA — PAN PACIFIC OPEN

At Tolyo

Singles — Third Round

Victoria Azarenka (1), Belarus, def.
Roberta Vinci (14), Italy, 6-4, 6-2.
Maria Sharapova (2), Russia, def. Lucie
Safarova, Czech Rep., 6-2, 7-6 (5).
Agnieszka Radwanska (3), Poland, def.
Jamie Hampton, U.S., 6-4, 6-3.
Angelique Kerber (5), Germany, def.
Urszula Radwanska, Poland, 6-1, 6-1.
Sara Errani (6), Italy, def. Marion Bartoli
(9), France, 3-6, 6-2, 6-2.
Caroline Wozniacki (10), Denmark, def. Li
Na (7), China, 4-6, 6-3, 6-4.
Sam Stosur (8), Australia, def. Dominika
Cibulkova (12), Slovakia, 6-4, 7-5.
Nadia Petrova (17), Russia, def. Petra
Martic, Croatia, 7-6 (2), 6-7 (1), 6-4.

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BY MICHAEL WIESENBERG

T Aries

March 21 - April 20

You will find yourself caught up in a conflict of some kind and you'll have no choice but to take sides. But which side to support? The one that is least likely to desert you in your own moment of need.

Taurus April 21 - May 21

Apply common sense to whatever situation you find vourself in today. Also, make sure you keep your tongue firmly behind your teeth, whatever the provocation may be. This is not a good time to be

∐ Gemini

May 22 - June 21

It may be tempting to hit back at those who are giving you a hard time, but the more bad things you say now, the more work will have to be done later to patch things up. Let go of vengeful thoughts.

Gancer

June 22 - July 23

Cancer is a cardinal sign, which among other things means you are ready to fight for what you believe - and you may have to today. Don't let anyone take from you what you don't want to give - not

Ω Leo

July 24 - Aug. 23

No matter how strong you think your arguments may be, you cannot force others to do things they don't want to do and the sooner you accept that fact, the easier your life will be and theirs too.

W Virgo

Aug. 24 - Sept. 23

If you know what is good for you, any chores and tasks that need doing will be left for the weekend. Today, your priority is to patch up a friendship or relationship that has been heading downhill

📤 Libra

Sept. 24 - Oct. 23

Today's cosmic picture urges you to find a creative way to bleed off the anger and frustration that has been building up inside. Getting your feelings down on paper is an especially good idea — but don't publish them!

M Scorpio

Oct. 24 - Nov. 22 You are entitled to express your viewpoint forcefully but you are not entitled to stop others from expressing their opinions. Free speech is a right worth fighting for — for everyone, not just yourself.

Sagittarius Nov. 23 - Dec. 21

It may be the case that you have grown so comfortable doing something one way that you have failed to notice there are better ways to reach your goal. Move with the times. Not everything modern is bad.

り Capricorn

Dec. 22 - Jan. 20

Being a Capricorn, you enjoy it when the odds are against you, as it gives you a chance to prove how dynamic you are. While others are complaining that life is too tough, you'll just be getting on with it.

Aquarius Jan. 21 - Feb. 19

If you apply yourself to the problem at hand, it won't be a problem for long. There is a determination about Aquarius that helps you tackle issues that others too easily give up on. Show that resolve now

) Pisces

Feb. 20 - March 20

Take no notice of those who say you are being irresponsible. They are merely jealous. Today's planetary set-up means it is better to be a bit reckless than take no risks at all. Do what feels right - and do it now. SALLY BROMPTON

Olio Is a Mixture; the Other One's Here

Across

- 1. Our star
- 4. Official Parliament op-
- 7. "Finger-lickin' good" res-
- 10. Sean Lennon's mother
- 12. Society page adjective that means "born" in
- 15. Halifax-born singer Mc-
- 20. Checks out suggest-
- 22. Grandson of Adam
- 24. Race, as an engine (2
- 26. Territory whose capital
- 27. Canadian trainee

- 33. Impertinent

- 37. Cheech's Edmonton-
- 38. "How are you_
- 39. Oldsmobile model discontinued in 2004
- 40. "Mr. Tambourine Man' and "Mr. Spaceman"

- group, with "The"
- position: initialism
- taurant: initialism wds.)
- Yoko
- 11. Consume
- French
- 13. Prevaricator
- Lachlan
- 17. Remove outside layer,
- as from an apple 18 IMAX
- ively
- who reputedly lived to 905 23. Eightsome
- wds.)
- is Whitehorse
- 28. Distinct musical sounds 29. Apply gingerly, with
- 32. Great poker start
- 34. Dorothy's dog
- 35. Iniquity site
- 36. Chile con
- born partner

- 41. Evidence of healing

- 47. Traditional Stampeder rival
- 49. National Park just across the Alberta-BC
- knees 52. "Bia" clock in London
- 54. Audiophile's collection
- 55. Bon 56. Potato bud

Down

- 1. Our sun
- 4. Approaches
- "Bet you can't," e.g.
- 7. Committed a hockey
- 8. Bank assessments 9. Cartoon collectible
- 14. Beirut-born Canadian star of The Matrix series
- 15. "Halt!"
- Canada's national game
- 17. Architect's design

- 42. Makes a run for it 43. Anthem with English and French versions (2
- 46. Chunk of dirt
- border from Banff 51. Do this on bended
- 53. And not
- : witticism

- 2. Litre, metre, or tonne 3. Biblical ark builder
- 6. School fund-raising
- infraction
- Keanu
- 16. What many consider
- 19. "What are you, some kind of ____?" (2 wds)
 21. Bygone Pontiac muscle

wds.)

23. 28.35 grams

started

Grunge"

lakes

27. Bounder

24. 100-metre dash, e.g.

26. Toronto-born Neil

called "The Godfather of

28. England's Lake District

29. Exit or entrance

25. Where Adam and Eve

- 31. Marsh 33. "Because I !": par-
- ent's response to "Why do I have to?" (2 wds.)
- 34. Canada's best known retailer, familiarly (2 wds.) 36. Apple eater's throw-
- away 37. Tribe
- 38. Not the original color
- 39. Hertz Rent-_-_
- 40. Promotes oneself online
- 41. A bloodhound follows
- 42. Took off
- 43. Margarine 44. Finished
- 45. Sailor's hail 46. This Hour Has 22 Min-
- utes network
- 48. PC maker 50. Bauxite or hematite



at metronews.ca/ answers.



See today's answers



How to play Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and

Yesterday's Sudoku

4	5	8	1	6	7	9	3	2
1	2	9	3	5	4	7	6	0
2	7	6	2	0	9	4	1	5
b	1	7		2		6	9	3
p.	4	2	6	1	3	5	8	7
8	6	3	9	7	5	1	2	A
7	3	1	8	4	6	2	5	9
6	8	4	5	9	5	3	7	1
0	6	4	2	- 0		0		14

8		7			1		9	
				5	4			6
6				2		4		
		3					8	
		4	9		7	1		
	7					2		
		2		6				9
3			4	7				
	1		2			7		5

TODAY

MIN: 7

(:<mark>X</mark>:

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